



CIUDAD DE MÉXICO  
CAPITAL DE LA TRANSFORMACIÓN

SECRETARÍA  
DE TURISMO

CIUDAD DE MÉXICO  
CORAZÓN GRANDE

# CATALOG OF TOURISM EXPERIENCES IN MEXICO CITY BARRIOS



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## Foreword

Mexico City has an immense, diverse, and generous heart. It's a metropolis that beats strongly in each of its barrios, pueblos and communities; where ancestral memory coexists with contemporary vitality, and where visitors find both a destination and a home. Every corner of this great city holds stories of resilience, creativity, hospitality, and hope.

Walking its streets is like traveling centuries in history. In the layout of its traditional neighborhoods, the echoes of the Great Tenochtitlan, the chants of its original peoples, and the legacy of the processes that forged the modern city still resonate. The bustling markets, the patron saint festivals, the plazas and gardens, the Porfirian-era mansions, and the tree-lined avenues form a mosaic that reveals the soul of Mexico City: one made of contrasts and encounters, of deep roots and open arms to the world.

The towns and neighborhoods of Mexico City are the cultural and social heart of this great metropolis. They are the guardians of tradition, gastronomy, crafts, and community celebrations that proudly remind us that our identity is built day by day with the strength of memory and the talent of new generations. Discovering them is also discovering ourselves: our diversity, our character, and our commitment to peace and hospitality.

This catalog is an invitation to look beyond the iconic landmarks and open the doors to the city's insides. To show you that every neighborhood has a story, every street a secret, and every community a welcoming gesture. Because Mexico City is meant to be visited, experienced, and felt; and doing so from its neighborhoods is coming in direct contact with its most authentic essence.

In a world that needs bridges of understanding and respect, this **Big-Hearted City** offers its neighborhoods as meeting places, where the ancestral dialogues with the contemporary, where the local is enriched by the universal, and where everyone is welcomed warmly.

With immense gratitude to the neighbors that keep their traditions alive and generously share their heritage, I invite you to explore these pages and immerse yourself in the cultural, historic, and human richness that makes our city a unique place in the world. I am certain that you will find not only memorable experiences, but also a reflection of what it means to be part of its big heart.

With affection and pride,  
**Alejandra Frausto Guerrero**  
*Secretary of Tourism of Mexico City*





## Barrios and Pueblos in Mexico City\*

Exploring the life of a city through its barrios and pueblos is becoming intimate, it is following its footsteps and discovering its essence. To understand the existence of Mexico City's traditional barrios and pueblos, you need to briefly grasp their significance.

Barrios are valuable pieces that make up the urban fabric, living witnesses to its evolution, culture, identity, and traditions. The original pueblos and neighborhoods\* of Mexico City, deeply rooted in history with profound pre-Hispanic origins, descendants of populations settled before the arrival of the Spanish, preserve their own institutions, ancient traditions in their culture of caring for and enjoying nature, their festivities, and their exquisite cuisine, above all, with a unique Mesoamerican worldview that has been passed down from generation to generation.

The growth of Mexico City began in the 19th century, spurred by the opening of Paseo de la Reforma, marking the beginning of a significant transformation for the nation's capital. By the

early 20th century, this had translated into changes to its appearance, with expansion through the creation of neighborhoods, avenues, and subdivisions that promised improvements in lighting, sanitation, water, and paving, such as Santa María la Ribera, San Rafael, and the Juárez, Condesa, and Roma neighborhoods, among others.

In the second half of the 20th century, family housing complexes emerged: self-contained residential communities with their own recreational areas, schools, and shops. This period witnessed a boom in development on the outskirts of the city, reaching areas then considered "far away," from Azcapotzalco to Coyoacán, originally seen as "ideal destinations for rest and relaxation."

Today, the original and traditional barrios, pueblos, and districts coexist harmoniously and represent the local essence of Mexico City, where past and present converge. They remain vibrant, safeguarding historical treasures and offering a magical atmosphere. that conjures up



time and space. The houses, streets, and plazas of today are the tangible legacy of that era, making the pueblos and barrios the most authentic expression of Mexico City.

In this Catalog, we highlight some examples of the most traditional pueblos and barrios, emphasizing some of their main features and characteristics for you to visit. We also suggest some tourism experiences for you.

*In Mexico City, you'll hear "pueblo," "barrio," and "colonia" used to describe different types of neighborhoods:*

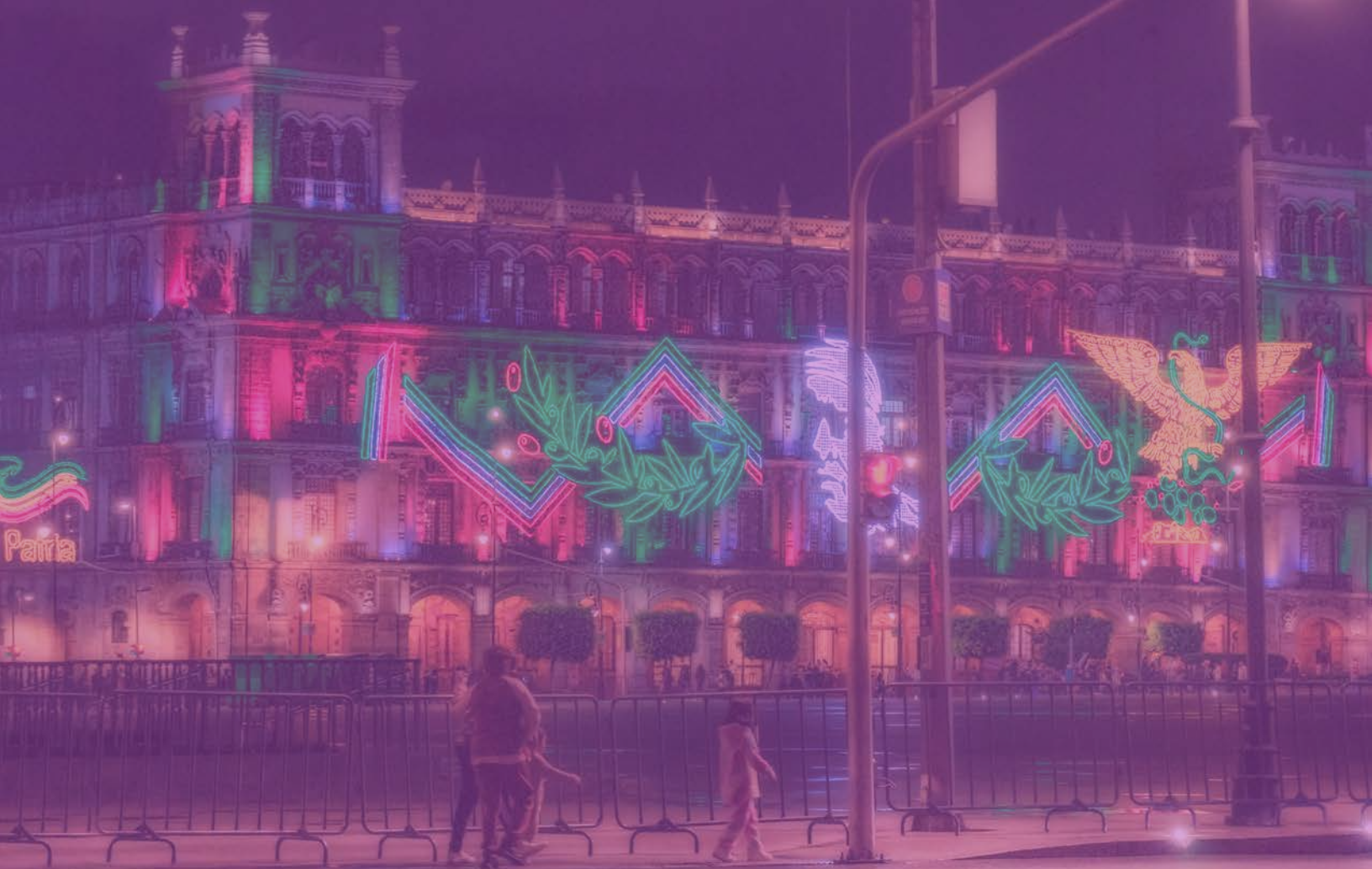
- Pueblo:** Originally an independent village or town, often with deep historical roots, traditions, and a distinct local identity. Today, some "pueblos" have been absorbed into the city but still retain their unique customs and festivals.
- Barrio:** Traditionally a neighborhood with a strong sense of community, sometimes linked to a particular trade, culture, or history. "Barrios" are known for their local character and camaraderie.
- Colonia:** The most common term for a city neighborhood or district. "Colonias" tend to be administrative divisions used for addresses and municipal organization and can range from residential to commercial in character.

*The Government of Mexico City has established as a priority policy the guarantee of rights for all citizens, with special attention to Indigenous peoples and original neighborhoods. The Political Constitution of Mexico City, in Article 2, defines the capital as an intercultural space with a plurilingual, multiethnic, and multicultural composition rooted in the diversity of its inhabitants, as well as in the historical presence of its Indigenous peoples and original neighborhoods within its territory; Article 58 defines them.*

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# Barrios in the **Central** **and North-Central** Areas of Mexico City

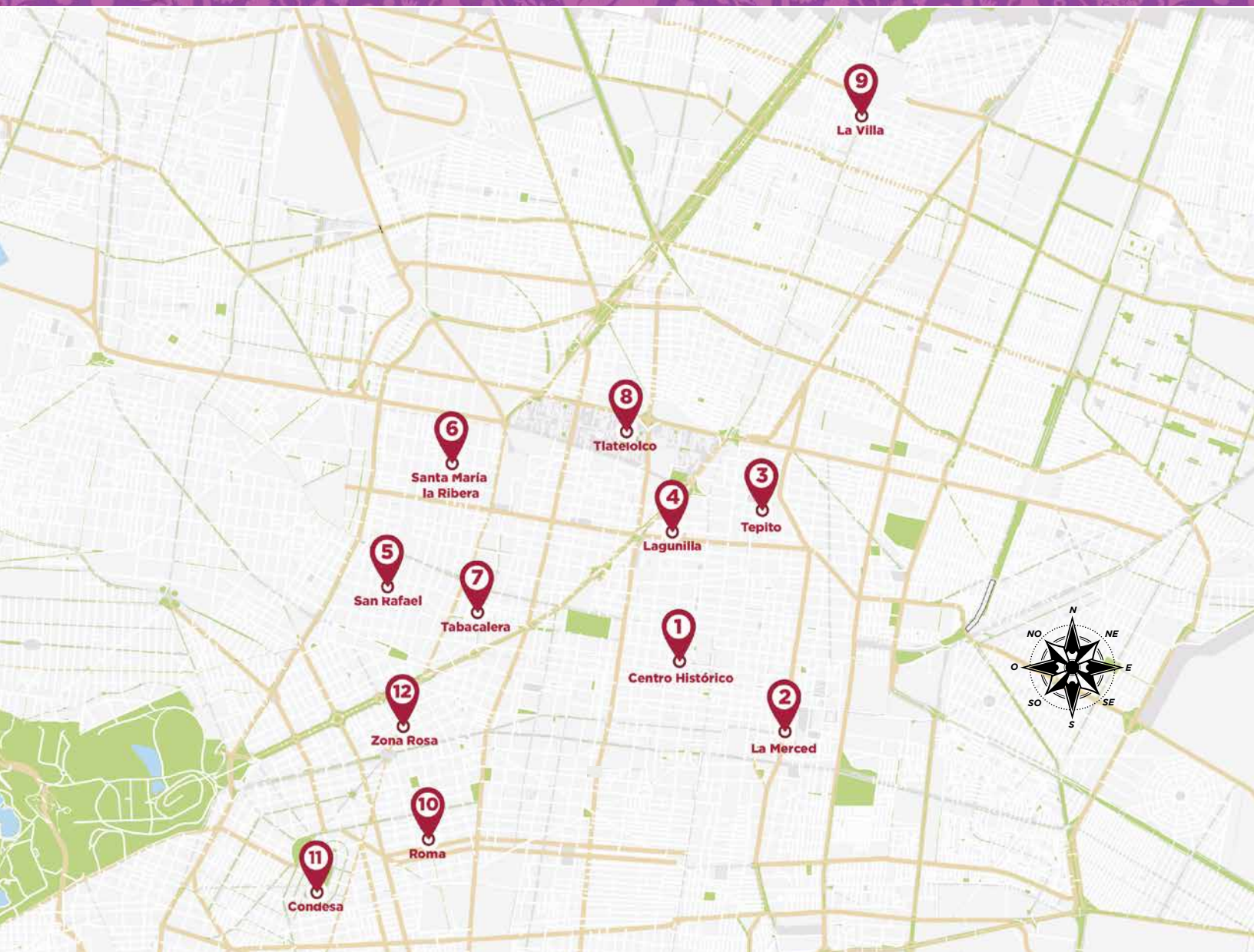




China Town

# Barrios in the **Central** and **North-Central** Areas of Mexico City

1. Centro Histórico
2. La Merced
3. Tepito
4. Lagunilla
5. San Rafael
6. Santa María la Ribera
7. Tabacalera
8. Tlatelolco
9. La Villa de Guadalupe
10. La Roma
11. La Condesa
12. Zona Rosa



## 1. Centro Histórico

The Historic Center is the heart of Mexico City, a testament to Mexico's history, culture, and architecture. This urban conglomerate, with roots in the foundations of the great city of Tenochtitlan, built by the Mexica in the 14th century, includes the Zócalo (main plaza), the Templo Mayor archeological site and its museum, the Metropolitan Cathedral, Palacio Nacional (residence of the Mexican President), and the original barrios of Atzacualco, Cupepan, Moyotlan, and Zoquiapan. These extend to other areas such as La Merced, La Lagunilla and Tepito -icons of commerce- and Garibaldi, home of mariachi music.

## 2. La Merced

Exploring these neighborhoods is a rich cultural experience, as they boast the highest concentration of museums and points of interest in the city. From Zócalo, the heart of Mexico City, walking to the west towards the charming streets of Francisco I. Madero and Tacuba that offer colonial architecture, while La Merced reveals daily life and a rich culinary scene to the east.

To the south, the Regina and San Jerónimo neighborhoods stand out for their unique architecture and vibrant cultural scenes. To the

north, Templo Mayor and San Ildefonso reveal layers of archaeological and architectural history and to the east, Santo Domingo and the Living Museum of Muralism (Museo Vivo del Muralismo) offer a unique perspective on Mexico City. Plaza Garibaldi is the home of mariachi. A meeting place for lovers and the heartbroken, for fans of Mexican music and its performers. The Tenampa restaurant was a favorite stop for song writer José Alfredo Jiménez and singer Chavela Vargas. A must stop for Mexican music lovers.

## 3. Tepito

Tepito earned its nickname, "Barrio Bravo" (Tough Neighborhood), after the great boxers that grew in that barrio such as Rubén Olivares "El Púas," Raúl "El Ratón" Macías, and Luis Villanueva "El Kid Azteca," among others. It is also the birthplace of the wrestling legend "El Santo," the silver-masked wrestler. Tepito is "the hood". Colorful, bustling, with walls covered with art. Be sure to visit the José María Velasco Gallery and the Ex Teresa-Arte Actual museum.

## 4. La Lagunilla

La Lagunilla has remained a vibrant center of commerce since 1590, known worldwide for its street markets and tianguis where you can find a vast array of products from bookstores and antique shops to furniture, clothing and all kinds of items.



Zócalo



### 5. San Rafael

San Rafael is a fascinating neighborhood, strategically nestled between the renowned districts of Santa María La Ribera to the north and Cuauhtémoc to the south. With roots stretching back to a lakeside past transformed by the arrival of Europeans, San Rafael experienced its consolidation in the early 20th century with the construction of elegant homes during the Porfiriato era. Hence the eclectic mix of late 19th-century mansions, Art Deco apartment buildings, and austere storefronts. In the past, the neighborhood was known as the 'Mexican Broadway'. Some 10 mid-century theaters are still open. Visit its modern art galleries and quench your thirst at the renowned La Polar canteen.

### 6. Santa María la Ribera

Santa María la Ribera is one of the first urban developments in Mexico City and stands as a testament to the capital's westward expansion. Founded in the second half of the 19th century, this neighborhood captures various layers of time in its architecture and urban planning, reflecting the city's evolution.

From the Hacienda de la Teja and the Santa María la Ribera Ranch that gave rise to the neighborhood in 1859, to the Alameda de Santa María, with its geometric design and four octagonal tile fountains, as well as the emblematic Moorish Kiosk, one of the most beautiful in the city and the ideal setting for danzón dance lessons on the weekend, this old neighborhood is popular

with young people, so it's easy to find small bookstores, art galleries, and a wide variety of restaurants to satisfy every craving. You should also visit buildings like the Church of the Holy Family, the Chopo University Museum, and the House of Mascarones. The La Dalia Market and the Santa María la Ribera Cultural Center enrich the daily lives of the neighbors.

### 7. Tabacalera

The Tabacalera neighborhood safeguards an important part of Mexico City's architectural and historical heritage. Its urban landscape is dominated by the Monument to the Revolution, an emblematic structure that houses a museum dedicated to the revolutionary movement and, at its summit, a viewpoint for admiring the city. The neighborhood's name originates from a housing project for tobacco factory workers. Although this project was never completed, its name was adopted for the neighborhood. During its early years, magnificent buildings were constructed that have come to define its identity, such as the Palace of the Count of Buenavista, now the National Museum of San Carlos. This neoclassical building, designed by architect Manuel Tolsá, is a must-see to admire its extensive collection of European art from the 14th to the early 20th centuries.

The Art Deco style left its mark on iconic buildings such as the Frontón México, now a cultural center; the El Moro building of the National

Lottery. You must see the El Caballito sculpture by the Chihuahua born artist Sebastián, the Railway Alliance building and the San Fernando Museum-Cemetery with its spectacular funerary monuments.

### 8. Tlatelolco

The Tlatelolco barrio, with roots dating back to pre-Hispanic times, stands as a living testament to the rich history and cultural diversity of Mexico City. Originating in the 14th century, when a group of Mexica dissidents chose to separate from Tenochtitlan, the settlement became Mexico-Tlatelolco, distinguished by its vibrant commercial activity and holding the title of twin city of Great Tenochtitlan. Today, the barrio proudly displays the Plaza de las Tres Culturas (Plaza of the Three Cultures), with its archaeological remains, the imposing presence of the Church of Santiago Apóstol (Saint James the Apostle), and the modern Nonoalco-Tlatelolco housing complex with the Tlatelolco University Cultural Center, a multidisciplinary complex dedicated to the research, study, analysis, and

dissemination of topics related to art, history, and resistance movements. This neighborhood has witnessed crucial episodes during the 1968 Student Movement and played a leading role in the civic solidarity following the 1985 earthquakes; Tlatelolco is a referent of collective memory.

Near these historical monuments, the Santiago Garden stands as a tranquil haven between the busy avenues of Paseo de la Reforma and Ricardo Flores Magón. Originating from the former garden of the Colegio de Santiago de Tlatelolco, its presence has endured through time, marked by the atrium cross. Integrated into the Nonoalco-Tlatelolco housing complex in 1960, this space functions as a botanical garden.

In another corner of the neighborhood, the tower designed by Mario Pani, stands tall with its triangular shape. The Tlatelolco barrio boasts a

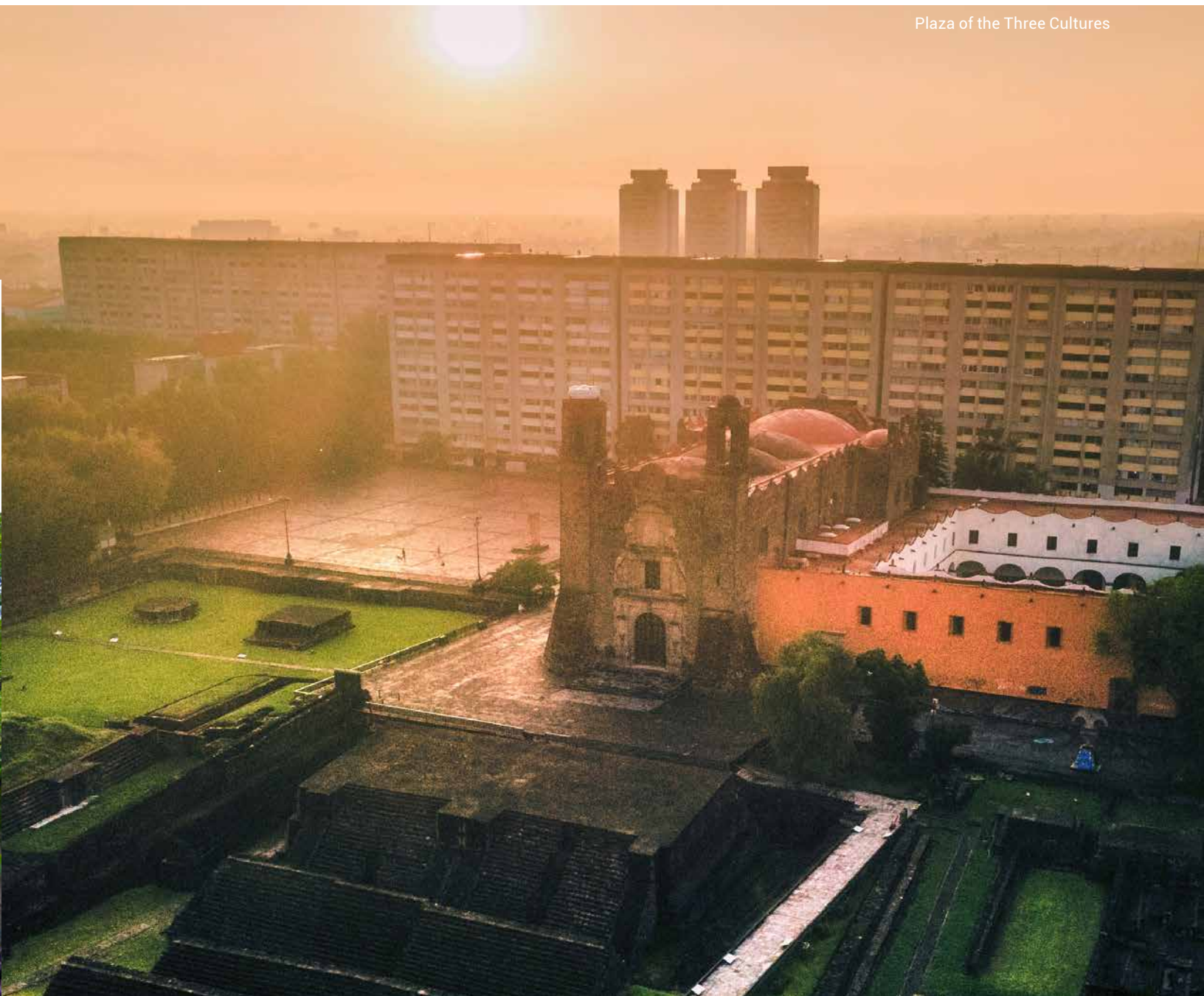
Moorish Kiosk



rich diversity of historical and cultural sites that invite visitors to explore its legacy. Some of these include: the Indigenous Museum (formerly the Peralvillo Customs House), the Tecpan Museum, the Caja de Agua Museum, the Temple of Ehécatl-Quetzalcóatl, the Colegio de la Santa Cruz de Tlatelolco, the Church of San Miguel Arcángel Nonoalco-Tlatelolco, the Peace Park, and the Cuitláhuac Roundabout, the last of the ten on Paseo de la Reforma. These places offer a unique window into the history, culture, and essence of Tlatelolco.

*'Tianguis (pronounced tee-ahn-gees) is a traditional, open-air street market or bazaar. You can find everything there— from fresh fruits and vegetables to handmade crafts, clothes, home stuff, delicious street food or specialized goods like vinyl records. Some tianguis are permanent and others have fix days.*

Plaza of the Three Cultures



## 9. The Basilica of Our Lady of Guadalupe

The barrio of La Villa, located on the slopes of Tepeyac Hill north of the Historic Center of Mexico City, stands out as an emblematic place and one of the most important centers of religious pilgrimage worldwide, with roots dating back to pre-Hispanic times, when it was the epicenter of the worship of the Aztec goddess Tonantzin by ancient Mesoamerican civilizations.

With the arrival of the Spanish and Christian evangelization, it underwent a process of syncretism toward devotion to the Virgin of Guadalupe. Since the time of the Aztec Empire, the Calzada de Tepeyac was built, an important road that facilitated the pilgrimage to the pre-Hispanic sanctuary, which remains to this day with the Calzada de los Misterios (as in religious mysteries) along with the Calzada de Guadalupe.

These are the main routes that receive pilgrims from all over the country and the world, all heading to the Basilica of Guadalupe, the second most visited shrine in the world after St. Peter's Basilica in Rome.

The neighborhood's main attraction is the architectural complex of the Basilica of Guadalupe, a plaza where churches and buildings of great historical and religious value stand. In addition to the Basilica, other points of interest include the viewpoints on Tepeyac Hill, which offer panoramic city sights, and the Plaza Mariana, where danzantes perform in honor of the Virgin, as well as the Railway Museum nearby, which showcases Mexico's railway history.

Basilica of Guadalupe



## 10. La Roma

La Roma stands out as one of Mexico City's most remarkable neighborhoods. It originated as an urban development project to subdivide the land of the former Hacienda de la Condesa and the Potreritos pastures of the town of Romita. The idea came from the Orrin brothers, who earned their living managing a circus of the same name. Some sources say that no other circus in Mexico has ever been as spectacular. In 1902, they decided to venture into real estate and establish a neighborhood they would call Roma (Rome) in honor of the Italian city that is the origin of the circus. Later, they named the streets after the cities their circus had visited. The Roma neighborhood is distinguished by its eclectic architecture, encompassing styles such as Art Nouveau, Art Deco, Functionalist, and Neocolonial. Buildings such as Casa Lamm (built for the family of Lewis Lamm, one of the founders of this neighborhood), the Rio de Janeiro Building (Casa de las Brujas), the Balmori Building, and Casa Prunes give testimony of the architectural richness of the neighborhood.

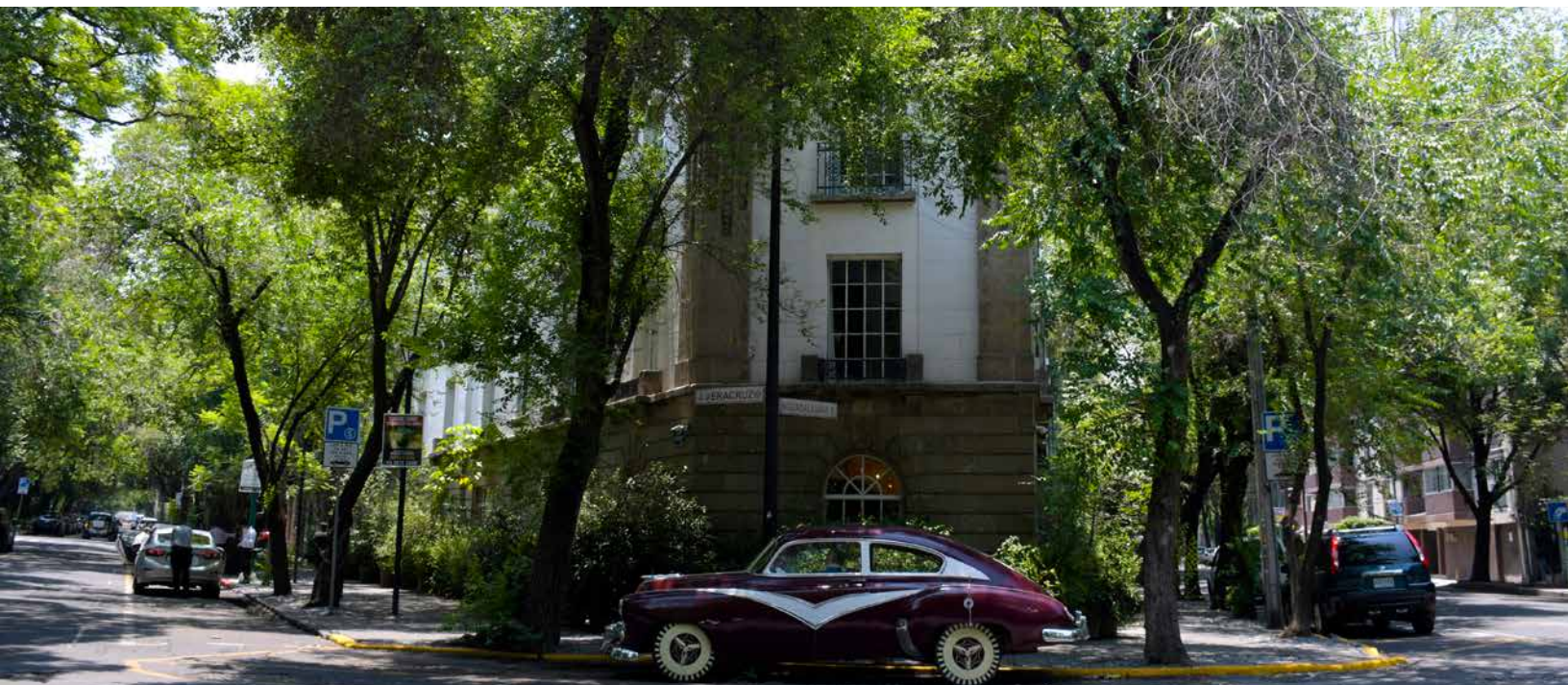
The Parish of the Incarnate Word and the Holy Family, as well as the Parish of Our Lady of the Rosary, stand out for their Neo-Gothic and Neo-Romanesque architecture and their magnificent stained-glass windows.

## 11. La Condesa

La Condesa reflects the bohemian and avant-garde essence of the metropolis and has become a must-see neighborhood for locals and tourists alike. It is one of the city's epicenters, not only for its gastronomic and cultural offerings but also for the presence of buildings that showcase diverse architectural styles, such as Neoclassical, Eclectic, and Art Deco, like the Basurto, Tehuacán, and San Martín buildings.

The land of the current neighborhood originated as the Hacienda de La Condesa (Countess's Estate) located between the pueblos of Tacubaya and Romita. Starting in 1902, the land was subdivided into urban developments, including the Hipódromo and Hipódromo Condesa neighborhoods.

This site is a true tourist magnet, renowned for its vibrant cultural scene, fashion boutiques featuring Mexican designs, green spaces, and diverse cuisine. Parque México, with the Lindbergh Forum and the Fuente de los Cántaros (Fountain of the Jugs), stand out as an urban oasis. Amsterdam Avenue, with its roundabouts and iconic squares, adds charm to the experience of walking through the neighborhood.



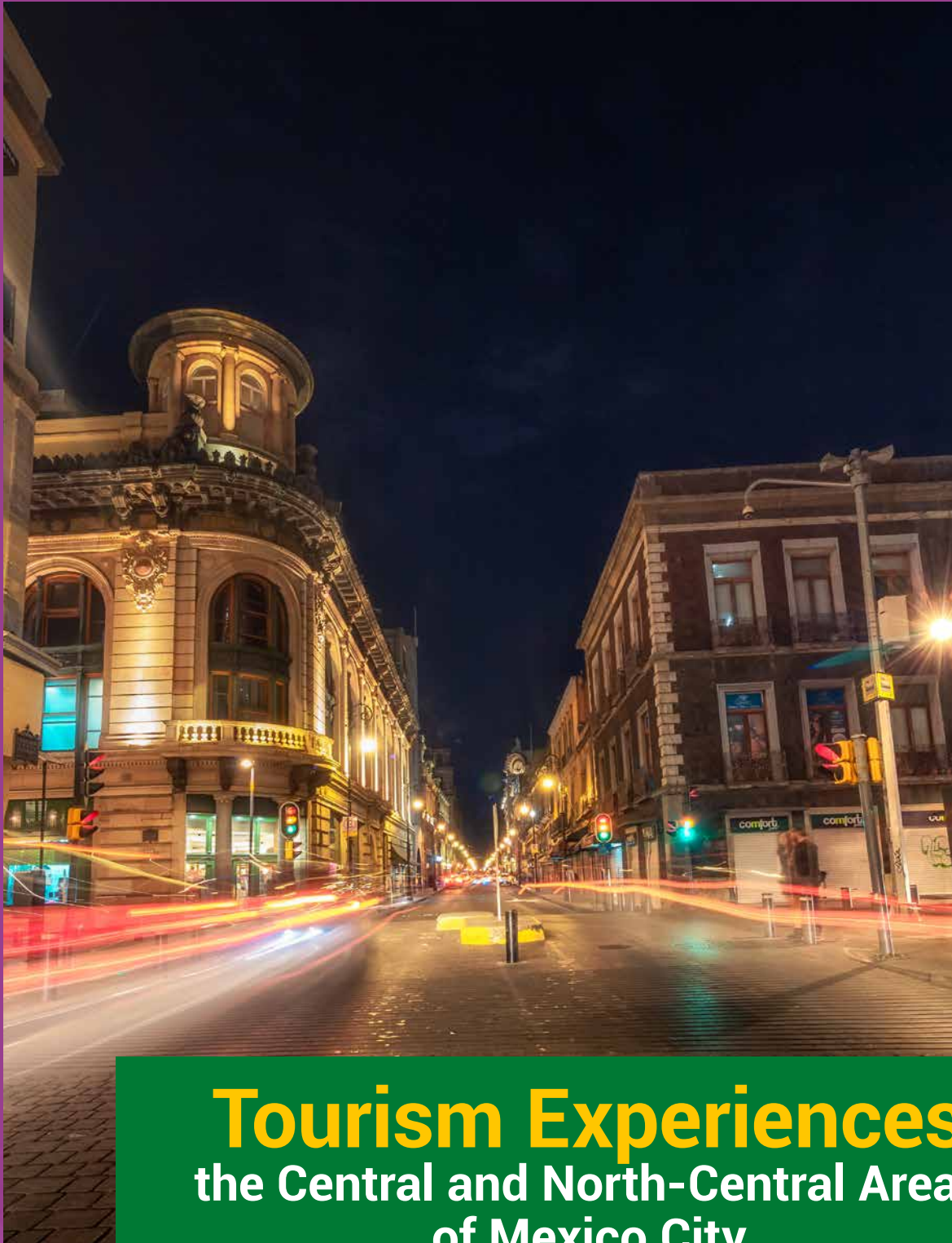
## 12. Zona Rosa

The Zona Rosa (Pink Zone), in the Juárez neighborhood, is a lively commercial and cultural district in Mexico City. Surrounded by boutiques, hotels, bars, antique shops, and art galleries, this area is the center of the city's nightlife. It is a symbol of diversity and inclusion, being the original heart of the LGBTQ+ community. As for food, the Zona Rosa captivates with its diversity, from Mexican street food to international options.

Among the highlights to visit are the Independence Monument, the most iconic landmark in Mexico City and the country, designed by architect Antonio Rivas Mercado, Ripley's Believe It or Not! the Wax Museum, and the Chocolate Museum-Mucho.



Zona Rosa



# **Tourism Experiences** the Central and North-Central Areas of Mexico City

## Trolley Tour of the Historic Center

📍 Av. Juárez (in front of the Hemiciclo a Benito Juárez)  
Centro Histórico, Cuauhtémoc, 06050

### Paseos por la Ciudad S.A. de C.V.

Embark on a guided historical and cultural journey through the city aboard a classic trolley. This immersive experience takes visitors past some of the most iconic landmarks, including renowned plazas and distinguished museums, offering a unique perspective on the city's rich heritage. As evening descends, the atmosphere shifts, and the tour transforms into a captivating storytelling experience. Traditional legends come to life, recounted by expert narrators who weave tales filled with mystery and suspense, enveloping passengers in the enchanting folklore of the city.

#### 📞 Contact

- (+52) 55 59 62 00 74.
- @tranviaturistico.com.mx
- www.tranviaturistico.com.mx

#### 🕒 Schedule

- Monday to Sunday, 10:45 AM to 7:45 PM.
- Duration: 45 minutes. It varies depending on the type of service.

#### 🎯 Activities

- Legends Trolley: Costumed characters narrate the colonial legends of the Historic Center.
- Canteen Trolley: Visits three canteens where a bohemian entertains the crowd, plus narration on board the tram (18+).
- Mexican Muralism Tour: Visits to the Palace of Fine Arts and the Diego Rivera Mural Museum, plus narration on board the trolley.



#### 📝 Notes

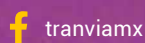
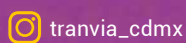
- Tickets can be purchased directly at the base or through our website.
- Pet-friendly tour.
- Minimum 12 people, maximum 20.

#### 📋 Includes


- Tour on a trolley with a guide and narration.

#### 🚫 Does not include

- Stops at plazas and entrance to museums..



## Tenochtitlan in Two Wheels

 Av. Paseo de la Reforma 24-1, Centro, 06040, CDMX

### Poráy

Discover the epicenter of the great Aztec Empire, where, more than 500 years ago, the meeting of the New and Old Worlds forged a new nation. This journey takes you through the heart of Mexico City, offering insight into its ancient roots and vibrant present. As you explore, you'll encounter Baroque-style churches and palaces built between the 16th and 19th centuries. These magnificent structures stand atop the once-glorious temples and palaces of the pre-Hispanic Mexica civilization, now hidden beneath the city's foundations. The tour ventures beyond the Zócalo to reveal the four original barrios of Mexico-Tenochtitlan. Here, you'll discover main buildings adorned with facades carved from quarry stone, each serving as an essential part of Mexico City's rich cultural heritage.

### Contact

- +52) 55 77 29 61 71 | (+52) 55 50 35 18 10
- go@poray.bike
- www.poray.bike

### Schedule

- Tuesdays, Thursdays, and Sundays, 9:30 AM.
- Duration: 4 hours.

### Activities

Poráy offers an easy and enjoyable way to explore Mexico City by bike. Our team guides you through the city's culture, history, and food as you ride through parks, markets, and plazas. We rent bikes for all ages, from infants to seniors, with options for everyone's comfort. Renting is simple, quick, and affordable, making it convenient to see the city at your own pace.



### Notes


- Wear sunscreen.
- Wear comfortable clothing and shoes.
- We meet at the Poráy store, located near the Hidalgo Metro and Metrobús stations.
- 1 to 10 people.


### Includes

- Water bottle.
- Snacks.
- Bicycle.
- Helmet.
- AP insurance.
- Guide and cycling escort.

### Does not include

- Hotel pickup.
- Tips.

 @Poraybike

 @poraybike



## Mexico City Muralists: Art and Tradition

📍 Antiguo Colegio de San Ildefonso; *Museum*  
 Cárcamo de Dolores; *Downtown Mexico Hotel*

### PATAC México

Experience the vibrant culture of indigenous communities through tours offered in Spanish, English, or French. Learn to identify authentic handicrafts and ship your purchases worldwide. Explore Mexican muralism with two guided tours through Mexico City's iconic cultural sites, discovering the legacy and stories behind its famous public artworks.



with a detailed explanation about authentic handicrafts.

- Closing of the tour in Downtown Mexico, one of the favorite tourist destinations.

### Contact

- (+52) 55 25 21 31 42 | Patac Chat.
- patacmexico@gmail.com

### Schedule

- Wednesday to Sunday with prior reservation (2 days).
- Duration: 6 to 8 hours.

### Activities

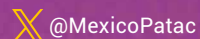
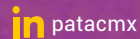
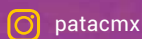
- Guided walk and specialized cultural tour.
- Visit to the Antiguo Colegio de San Ildefonso Museum, the birthplace of Mexican muralism.
- Tour of the Cárcamo de Dolores to admire one of the most emblematic works of muralism.
- Traditional five-course meal at the Obrero Popular Market.
- Visit to the Ciudadela Handicrafts Market

### Notes

- Children are not allowed.
- Bring comfortable walking shoes and clothing, hat, sunscreen, and water bottle.
- Family / friends / couples tourism.
- Minimum 2 people.
- Maximum 5 people.

### Not included

- Tips.
- Meals not mentioned.
- Traveler's insurance.
- Tours not mentioned.
- Handicrafts.
- Entrance fees to other places not mentioned in the tour.
- Transportation to the meeting point.
- Entrance fees and/or consumption at unspecified sites.

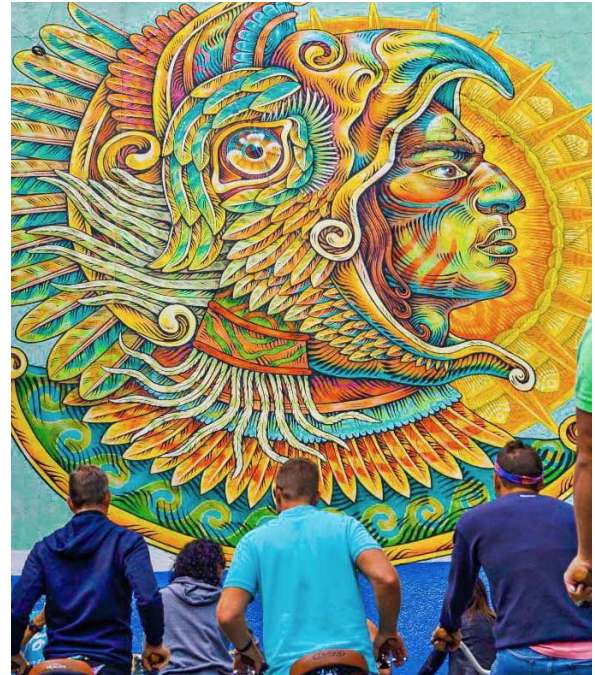


## Art Nacó Biking Tours of Mexico City's Murals

 Av. Paseo de la Reforma 24-1 Col. Centro, 06040, CDMX

### Poráy

Participate on a bike journey through the central barrios of Mexico City along distinctive routes designed to showcase vibrant murals. These murals beautifully reflect the city's culture, traditions, and the dynamic street style that decorates its walls. Along the way, encounter urban artists who impress with their innovative painting techniques and captivating themes. Admire a diverse array of mural sizes and uncover the stories that inspire each piece of street art. Enjoy both the North and South Routes through the Historic Center, offering an immersive experience into the world of Mexico City's street art and creative expression.



### Contact

- (+52) 55 77 29 61 71 | (+52) 55 50 35 18 10.
- go@poray.bike
- www.poray.bike

### Schedule

- Monday to Sunday, 10:00 AM.
- Duration: 3 hours.

### Activities

- Poráy offers an easy and enjoyable way to explore Mexico City by bike. Our team guides you through the city's culture, history, and food as you ride through parks, markets, and plazas. We rent bikes for all ages, from infants to seniors, with options for everyone's comfort. Renting is simple, quick, and affordable, making it convenient to see the city at your own pace.

### Notes


- Wear sunscreen.
- Wear comfortable clothing and shoes.
- We meet at the Poráy store, located near the Hidalgo Metro and Metrobús stations.
- v2 to 10 people.

### Includes

- Water bottle.
- Snacks.
- Bicycle.
- Helmet.
- AP insurance.
- Guide and cycling escort.

### Does not include

- Hotel pickup.
- Tips.

 @Poraybike

 @poraybike



## Trolley Tour of Roma-Condesa

📍 Av. Michoacán s/n, Parque México, Col. Hipódromo, Cuauhtémoc, 06100 Ciudad de México

### Paseos por la Ciudad S.A. de C.V.

A guided historical and cultural tour aboard a trolley, showcasing iconic landmarks such as plazas and museums. As night falls, traditional legends are recounted in an atmosphere of mystery and suspense..

#### 📞 Contact

- (+52) 55 59 62 00 74.
- Email us at [@tranviaturistico.com.mx](mailto:@tranviaturistico.com.mx)
- [www.tranviaturistico.com.mx](http://www.tranviaturistico.com.mx)



#### Schedule

- Monday to Sunday, 10:45 AM to 7:30 PM.
- Duration: 45 minutes. Varies depending on the service.

#### Activities

- Sweet Experience: Visits to two traditional ice cream shops plus a narrated tour aboard the trolley. A reenactment of a legend with a costumed character can be added.
- Mezcal Tour: Visits to two local mezcal distilleries plus a narrated tour aboard the trolley. A reenactment of a legend with a costumed character can be added.



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# Traditional Barrios and Indigenous Pueblos

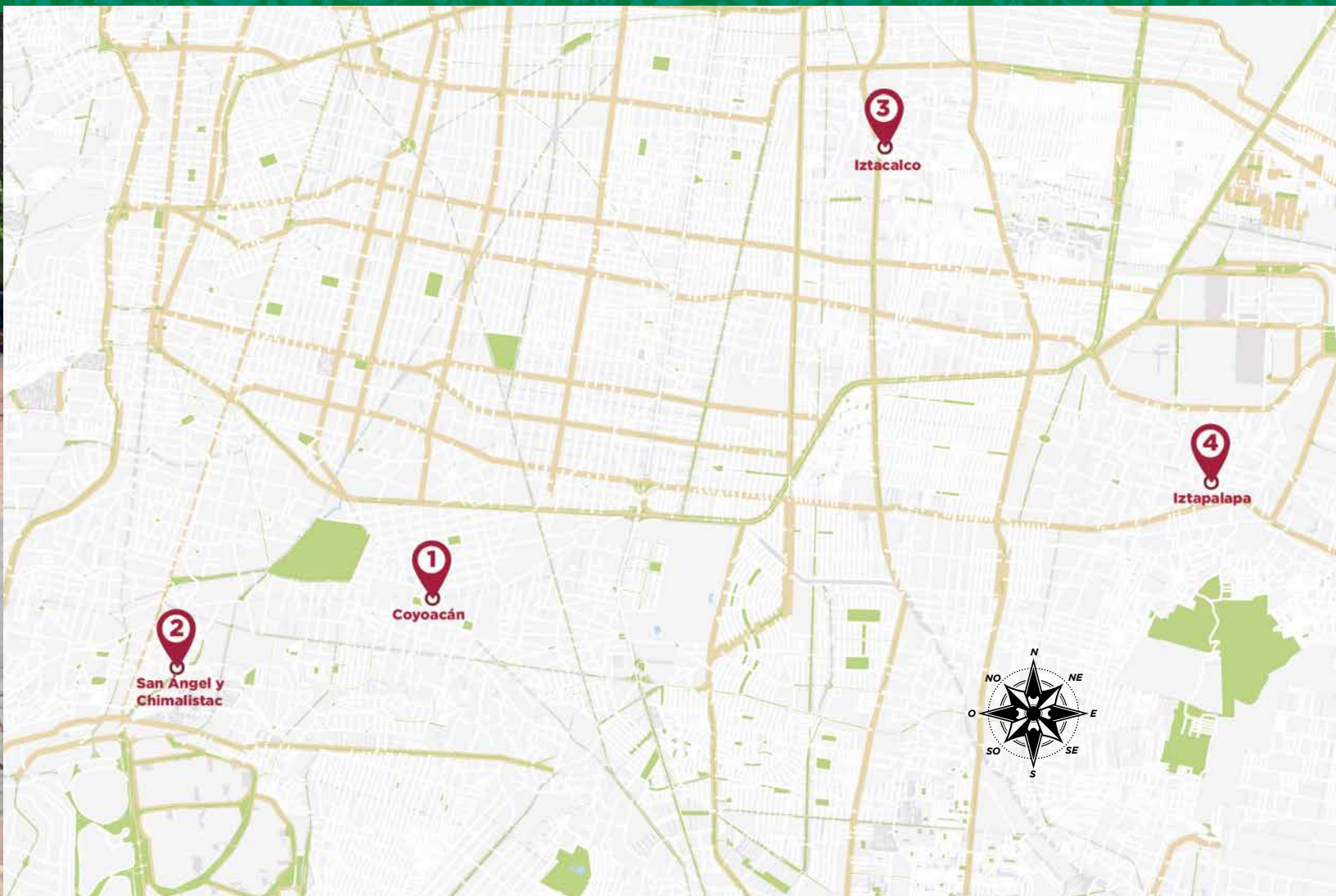




Coyoacán Kiosk

# Traditional Barrios and Indigenous Pueblos

1. Coyoacán
2. San Ángel y Chimalistac
3. Iztacalco
4. Iztapalapa





Coyote Fountain

## 1. Coyoacán

Located south of Mexico City's center, Coyoacán stands as a haven steeped in tradition and charm, evident in each of its original towns and neighborhoods: La Candelaria, San Francisco, Los Reyes and San Diego Churubusco, among others.

Coyoacán means "place of those who have or possess coyotes". In this urban gem, echoes of the past intertwine harmoniously with the present. Its cobblestone streets, tree-lined parks, and monumental historical buildings are characterized by their colonial, baroque, and even Moorish styles. Together, they create an enclave that offers locals and visitors the opportunity to take a fascinating journey through time.

The Coyoacán Center, along with the Del Carmen, La Concepción and Santa Catarina, neighborhoods form a quadrant that contributes to a unique character and a rich historical and cultural heritage. Coyoacán is a faithful witness to the evolution towards modernity, and a guardian of the narratives that have shaped its identity throughout the centuries.

With its museums, bookstores, cafes, and restaurants the area offers a unique experience for those who explore its charming corners. Coyoacán has been home to many of Mexico's greatest historical and cultural figures, from Hernán Cortés and La Malinche to internationally renowned artists like Frida Kahlo; writers such as Octavio Paz, Salvador Novo, and Jorge Ibargüengoitia; and Mexican film stars like Dolores del Río and Emilio "El Indio" Fernández.

It boasts landmarks such as the Old City Hall, the Church of San Juan Bautista, the Chapel of La Conchita, and the House of La Malinche; points of interest like Plaza Hidalgo with its iconic kiosk (commissioned by President Porfirio Díaz in a French style), the Centenario Garden, and the emblematic Fountain of the Coyotes. Notable cultural venues include the iconic Frida Kahlo Museum, the Jesús Reyes Heróles House of Culture, the Elena Garro Cultural Center, the Fonoteca Nacional, and the National Museum of Popular Cultures. Of course, you must visit its public market, eat churros with chocolate at El Moro and try an ice cream at Siberia..

## 2. San Ángel and Chimalistac

Located in the south of Mexico City, San Ángel is a traditional barrio with roots that trace back to the indigenous settlement of Tenanitla. After the Spanish Conquest, a church was established, first dedicated to Our Lady of the Rosary and later to Saint Hyacinth of Krakow. On land donated by an indigenous person, the Carmelite order erected the Church of El Carmen and the College of San Ángel Mártir, adjacent to the town of Chimalistac. On the eastern side of this religious complex, the friars cultivated an orchard irrigated by the Magdalena River. During the U.S. invasion, the complex was used as barracks, resulting in serious damage to both the building and the orchard.

With the liberal reforms of the 19th century, it was closed, sold, and subsequently divided. The College was acquired by the local government and today houses the El Carmen Museum, which exhibits Carmelite relics and colonial-era art.

The Chimalistac neighborhood was developed on land that once formed part of the orchard of the Convent of San Ángel. Among its streets, one can still see the traces left by the Carmelite order, which create spaces of serenity and tranquility, such as the hermitage del Secreto, the Fountain

of el Huerto, the Atrium, and the San Sebastián Mártir Parish Church, as well as Federico Gamboa Plaza, named in honor of the author of the novel *Santa*, which was set in this neighborhood, are all part of the area's history. Another reminder of the past can be found in the bridges that once spanned the Magdalena River, which now form part of the median strip of Paseo del Río Avenue. A pivotal event in the history of this area was the assassination of General Álvaro Obregón, president-elect in 1928, at La Bombilla restaurant, located in what is now the park of the same name.

The Flower Festival, a colorful celebration that blends pre-Hispanic traditions with the veneration of Our Lady of Carmen, takes place in La Bombilla Park. With its roots in 1617, when the Discalced Carmelites introduced this celebration, it has been held annually in July since 1857. In 2013, it was declared an Intangible Cultural Heritage of Mexico City. This fair celebrates the local identity and traditions of San Ángel and Chimalistac.

These neighborhoods boast a rich architectural heritage featuring Baroque, Neoclassical, and Mexican Neocolonial styles. Examples include the San Ángel Cultural Center and the temple of San Jacinto, the House of Chucho el Roto (or



Ex Convento de San Jacinto, San Ángel

House of Two Patios), the House of los Licenciados, the House of Risco (now a museum), and the Melchor Múzquiz Market are just some of the many landmarks in the area. In addition, there are internationally renowned museums such as the Soumaya Museum at Plaza Loreto and the Carrillo Gil Art Museum.

Over time, San Ángel and Chimalistac have become popular destinations for leisure and strolling, with the plazas of San Jacinto and El Carmen, and La Bombilla Park serving as the main meeting points. On weekends, visitors wander its cobblestone streets, enjoying attractions like the famous Bazaar del Sábado and the Art Garden. Furthermore, art galleries, craft and fashion shops, silver jewelry stores, and designer boutiques, along with a diverse culinary scene, contribute to the area's charm.





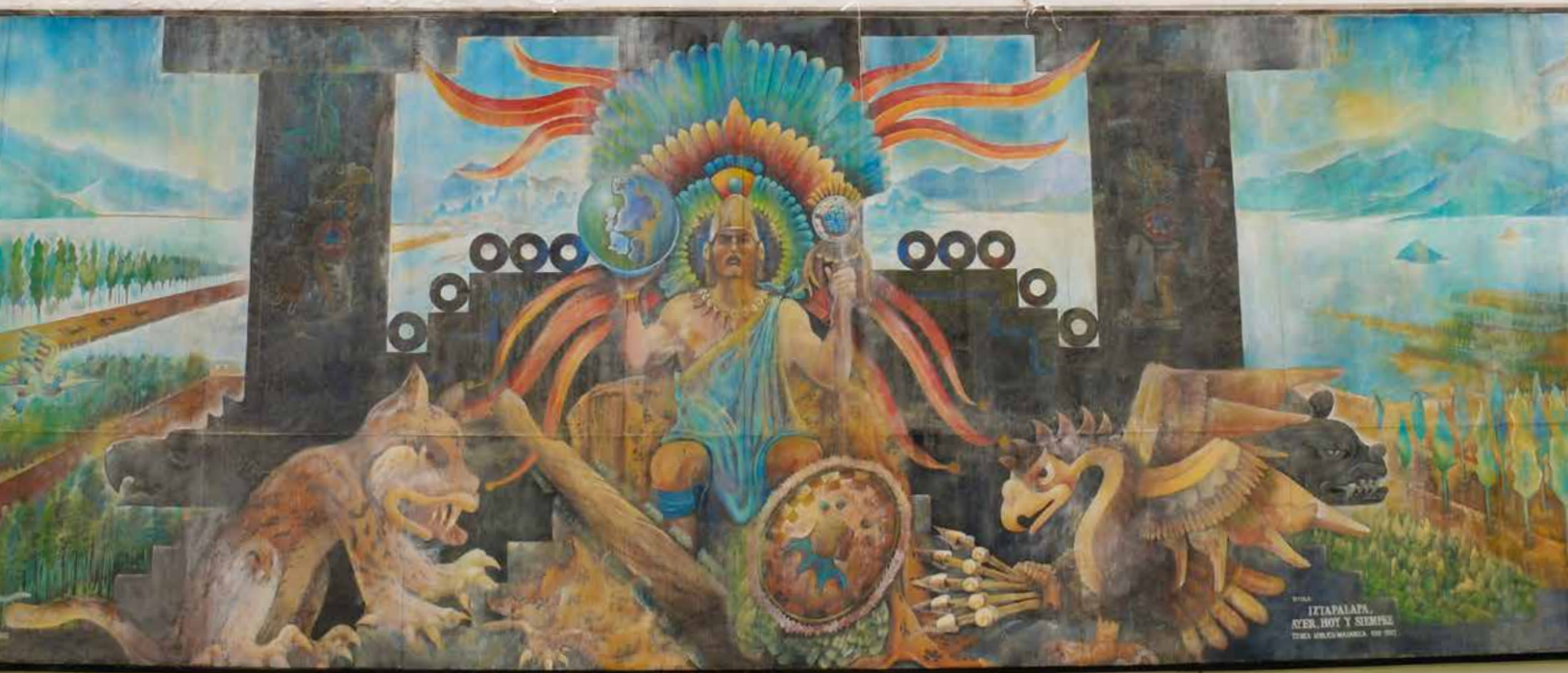
### 3. Iztacalco

*Iztacalco* is one of the original pueblos of Mexico City, comprised of seven original barrios, among which La Asunción Atenco, Santiago Atoyac, and San Sebastián Zapotla stand out. Its colonial architecture tells unique stories. The Church of San Matías, with its Churrigueresque and Franciscan styles, is a historical monument steeped in centuries of devotion, while the Chapels of La Asunción and Santa Cruz Atencopa are architectural gems. In the barrio of Asunción, the Temple and former convent of San Matías Apóstol blend pre-Hispanic traditions with Catholic heritage.

The historical past of Iztacalco is manifested in traditional festivities such as the Holy Jubilee and the Seven Barrios Cultural Festival, as well as the neighborhood patron saint festivals organized by the *mayordomías* (religious brotherhoods), which are central to the development of its cultural life. The rich local cuisine includes authentic dishes from the lake region, such as *totopaguas* duck and frog leg tamales. The Calzada de La Viga, which runs through the town from south to north, was formerly a navigable canal known as the Canal de la Viga, used to transport fruits, vegetables, and flowers from the pueblos of Xochimilco and Tláhuac towards Mexico City.

Initially, these products were concentrated in the La Merced market, but later the Sonora, La Viga, and Jamaica markets emerged, each specializing in specific products. For example, the Jamaica market stands out as the main center for selling flowers and ornamental plants in the city. This place becomes a true oasis for the senses, captivating both the sight and smell of those who visit it. Although located in the Venustiano Carranza district, this market complements the experience of visiting the town of Iztacalco, allowing visitors to explore the traces of the ancient canal system and discover the variety of flowers in the country, especially the floriculture production of Mexico City.

Near the pueblo of Iztacalco is the Magdalena Mixhuca Sports Complex. Inaugurated in 1958, it is the epicenter of Mexico's international events, including the Formula One Grand Prix and music festivals such as Corona Capital and Vive Latino.



Mural Iztapalapa yesterday, today and forever by Francisco Cárdenas

#### 4. Iztapalapa

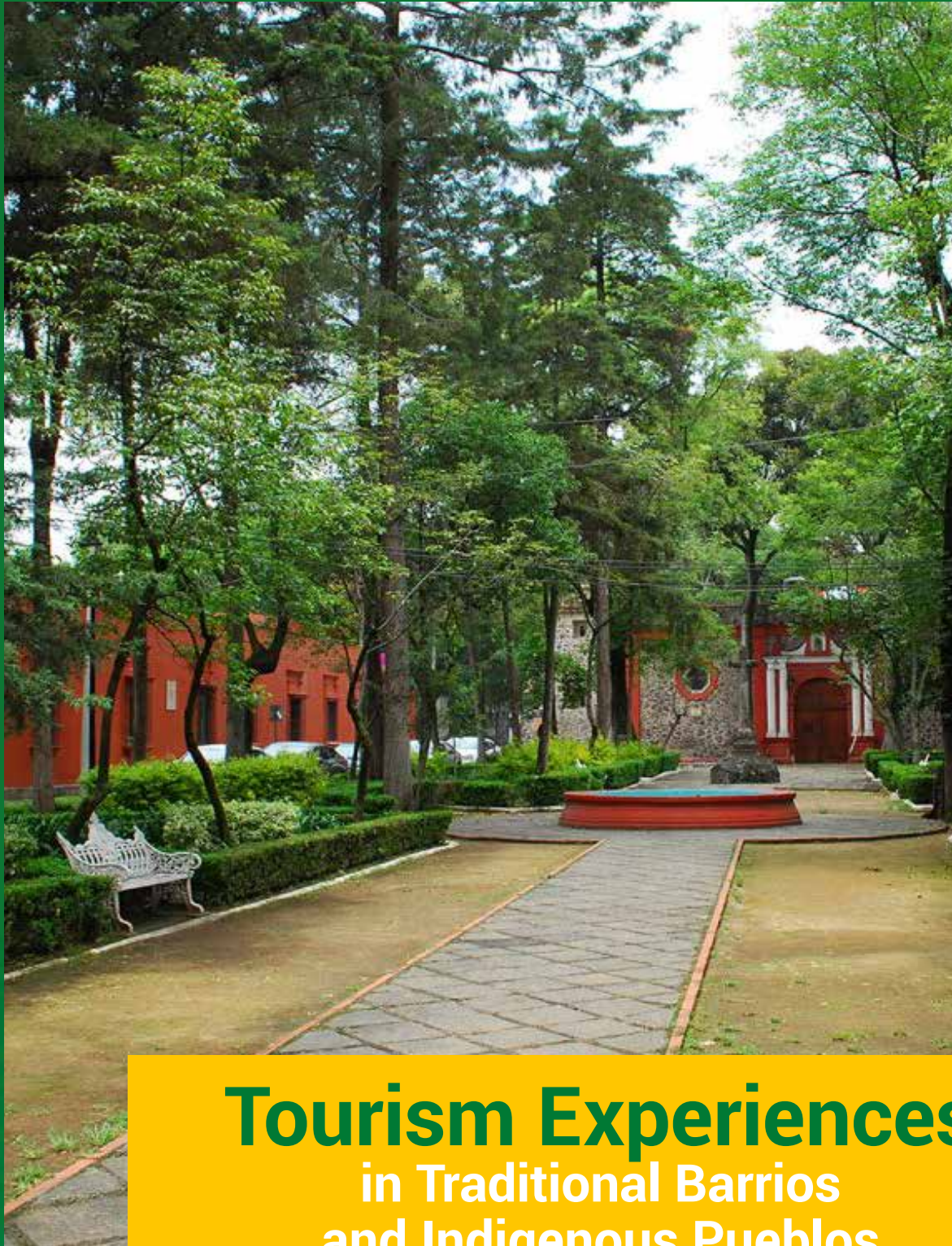
Located east of Mexico City and at the foot of the Cerro de la Estrella (which houses the archaeological site and the Museum of the New Fire), Iztapalapa is an ancient Culhua pueblo known in pre-Hispanic times as Iztapallapan. Its cultural influence on the Mexica and its political alliances was fundamental to the founding of Mexico-Tenochtitlan.

Iztapalapa preserves a rich historical and cultural legacy evident in its traditions that date back to its pre-Hispanic origins and colonial influence. The carnivals and patron saint festivals celebrated in its barrios and pueblos are a testament to this. The yearly representation depicting the Passion, Death, and Resurrection of Christ, celebrated during Holy Week, from Palm Sunday to Holy Saturday, is one of the most significant celebrations.

The eight barrios and the Cerro de la Estrella become the stage for this famous reenactment, demonstrating their religious devotion and community commitment, which is recognized and in Mexico is part of the country's Inventory of Intangible Cultural Heritage. Since 2019, the Sanctuary of the Lord of the Holy Sepulcher of Jerusalem, known as The Lord of La Cueva is one

of the three new cathedrals in Mexico City. This religious temple, dating back to the 16th century, is an architectural gem in the Neoclassical style.

Indigenous communities like Santa María Aztahuacan and San Sebastián Tecoloxtitla, among others, tell unique stories of evolution, from their pre-Hispanic beginnings to the present day, reflecting the organic urban pattern that characterizes Iztapalapa and its people. Currently, Iztapalapa's significant development has fostered the creation of social, cultural, and artistic projects to address inequalities, such as the Faro de Oriente and the Utopías, that propose profound social transformation with social and urban impact. These spaces offer vocational training, cultural, artistic, sporting, and recreational activities for the development of their residents. In addition, the Cablebús, a cable car transportation system, improves travel times and has become a tourist attraction for visitors who, from above, can observe the street art created on the walls and rooftops of the neighborhood. the houses.



# **Tourism Experiences** in Traditional Barrios and Indigenous Pueblos

## Trolley Tour of Coyoacán

📍 Felipe Carrillo Puerto, Coyoacán, 04000, Ciudad de México (between the Hidalgo y Centenario Gardens)

### Paseos por la Ciudad S.A. de C.V.

Enjoy a guided historical and cultural tour aboard a trolley, exploring Coyoacán's most iconic landmarks, including prominent plazas and museums. Throughout the journey, a guide provides narration, highlighting the rich heritage and significance of each site along the route. As evening descends, the atmosphere shifts, and traditional legends of the area are shared, enveloping passengers in a sense of mystery and suspense. This immersive experience blends historical insight with the captivating folklore that defines Coyoacán's unique character.

#### 📞 Contact

- (+52) 55 59 62 00 74.
- @tranviaturistico.com.mx
- www.tranviaturistico.com.mx

#### 🕒 Hours

- Sunday to Thursday  
from 10:15 AM to 10:30 PM.
- Friday and Saturday  
from 10:15 AM to 11:45 PM.
- Duration: 45 minutes. It varies depending on the service.

#### 📍 Activities

- On special occasions we do trolley tours with stops at museums such as the National Watercolor Museum or the Frida Kahlo Museum.



#### Notes

- Tickets can be purchased directly at the base or through our website.
- Pet-friendly tours.
- Minimum 12 people, maximum 20.

#### Includes


- Guided trolley tour with narration.

#### Does not include

- Stops at plazas or museum entrance fees.



## Guided Walk along the "Pre-Hispanic National Canal"

 Parque urbano lineal "Canal Nacional" between the Coyoacán e Iztapalapa districts

### Azteca Travel Tours Art

Enjoy a guided walk through the lush green areas of south-central Mexico City. During this tour, participants will have the opportunity to discover and learn about the region's unique flora and fauna, tracing their presence from pre-Hispanic times up to the present day. The walk features a visit to one of Mexico City's oldest canals. This site offers a vibrant display of colors and biodiversity, highlighting the natural beauty of the city. Participants can observe both local and migratory plants and animals, gaining insight into the ecological richness that characterizes this area.

### Contact

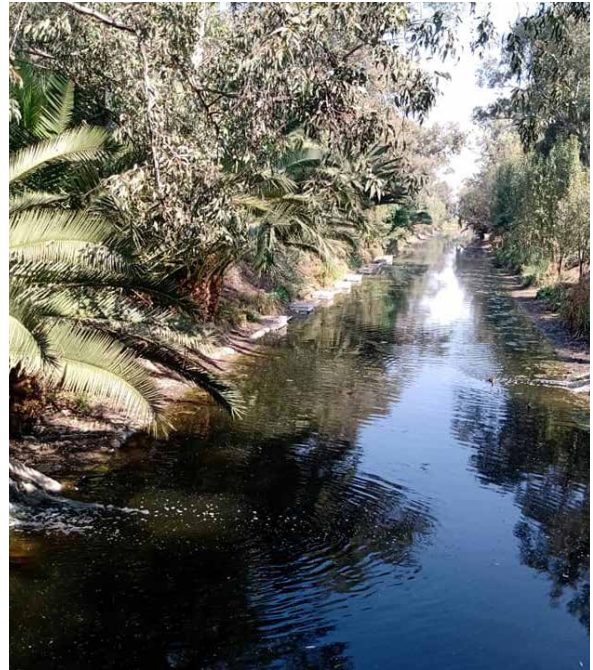
- (+52) 55 13 08 37 32 | (+52) 55 57 63 55 27.
- lidiaherreramail@gmail.com
- aztecatraveltoursart.site123.me

### Hours

- Monday to Sunday, 8:00 AM to 4:00 PM.
- Duration: 3 to 6 hours, depending on interests and available time.

### Activities

- Walking tour along several kilometers of urban park trails, featuring the historic Greenway Canal. Explore the slopes and paths as you uncover the canal's fascinating history and the traditions of the surrounding neighborhoods. Along the way, enjoy highlights such as stops at local



art installations and native plant gardens. Experience the area's diverse biodiversity and vibrant urban art, making each step a discovery.

### Notes

- Reservation and prior payment are required.



## Guided Walking Tour of the Historic Center of Iztacalco

 Convent and Temple of Saint Mathew

### Azteca Travel Tours Art

Embark on a guided walking tour through the heart of Iztacalco in Mexico City, where you will visit several traditional and original barrios. This experience takes you along the main streets, offering the opportunity to explore emblematic buildings and monuments that reflect the rich history, vibrant culture, and enduring traditions of the area. During the tour, you will discover significant religious, urban, and local structures, including hermitages, chapels, churches, and the historic convent. Each stop reveals stories and architectural details that shape the identity of Iztacalco. To complete your journey, enjoy the flavors of local cuisine with visits to some of the most famous pulquerías, known for their heritage and authenticity, as well as traditional food stalls that showcase the culinary diversity of the barrios.

### Contact

- (+52) 55 13 08 37 32 | (+52) 55 57 63 55 27.
- lidiaherreramail@gmail.com
- aztecatraveltoursart.site123.me

### Schedule

- Daily from 8:00 AM to 4:00 PM.
- Duration: 3.5 to 4 hours.

### Activities

- Guided walking tour through the main streets of the Historic Center of Iztacalco to visit and learn about religious, urban, and local buildings, including hermitages, chapels, churches, and the convent.
- Stop at one of the most famous pulquerías



in Iztacalco and one of the oldest in Mexico City and visit to the most famous and traditional food stalls in the barrios.

### Notes

- Reservation and prior payment are required.
- Groups will be picked up and transported to the experience point based on their location in central Mexico City (please request details when booking).
- Please bring comfortable shoes and clothing, a hat, sunscreen, and water.
- Minimum 3 people, no maximum.

### Includes


- Guided tour in Spanish and English, tour guide certified by the Mexican Tourism Ministry.

### Does not include

- Food, drinks, tips, or other expenses.



## Guided Tour of the Jamaica Market, Street Food and Street Art

 Mercado de Jamaica, Colonia Jamaica, Alcaldía Venustiano Carranza

### Azteca Travel Tours Art

Experience a guided tour of the Jamaica Market, renowned as one of the largest and most colorful markets in Mexico City. During this tour, you will have the opportunity to explore the market's vibrant aisles and visit its most iconic stalls, gaining insight into the significance and historical background of the market. The tour also allows participants to sample and savor the main dishes and traditional local cuisine that the market is famous for. In addition to the culinary experience, the itinerary includes a stroll through the surrounding streets, where you can admire striking street art murals that decorate the area and reflect the local culture.

### Contact

- (+52) 55 13 08 37 32 | (+52) 55 57 63 55 27.
- lidiaherreramail@gmail.com
- aztecatraveltoursart.site123.me

### Schedule

- Monday to Sunday, 8:00 AM to 4:00 PM.
- Duration: 3.5 hours.

### Activities

- Guided tour of the market. We will explore its different sections and the wide variety of products sold there, as well as its history and traditions.
- We will walk through several surrounding streets to enjoy the works of urban artists who have left their mark on these barrios steeped in history and tradition.



- We will savor a delicious meal at some of the most popular restaurants.

### Notes

- Reservation and prior payment are required.
- Groups are picked up and transported to the tour site based on their location in central Mexico City (please request details when booking).
- Please bring comfortable shoes and clothing, a hat, sunscreen and water bottle.
- Minimum 3 people, no maximum.

### Includes


- Transportation, Spanish and English guided tour, tour guide certified by the Mexican Ministry of Tourism.

### Does not include

- Food, drinks, tips, or other expenses.



## Pre-Hispanic, Urban Art and Cablebús

 Iztapalapa Historical Center

### Azteca Travel Tours Art

Enjoy a guided walk along the scenic trails of Cerro de la Estrella, offering panoramic views and a unique perspective on the area's history. The tour continues through the vibrant streets of Iztapalapa's Historic Center, where you will cross several neighborhoods, each known for their distinct history, culture, and traditions. Explore the rich gastronomy rooted in pre-Hispanic and colonial origins, and witness how these influences remain alive in the present day. As you navigate the area, discover contemporary urban art that reflects modern expressions and local stories. The experience also includes a ride on the Cablebús, the newest addition to local public transportation, providing both convenience and a unique aerial view of the city's landscape.



### Contact

- (+52) 55 13 08 37 32 | (+52) 55 57 63 55 27.
- lidiaherreramail@gmail.com
- aztecatraveltoursart.site123.me

### Schedule

- Available daily from 8:00 AM to 4:00 PM
- Duration: 3 to 6 hours, depending on your interests and time available.

### Activities

- Tour of historic, colonial, pre-Hispanic, and contemporary buildings in Iztapalapa's Historic Center, enjoying pre-Hispanic, colonial, urban, local, and contemporary art.

### Notes

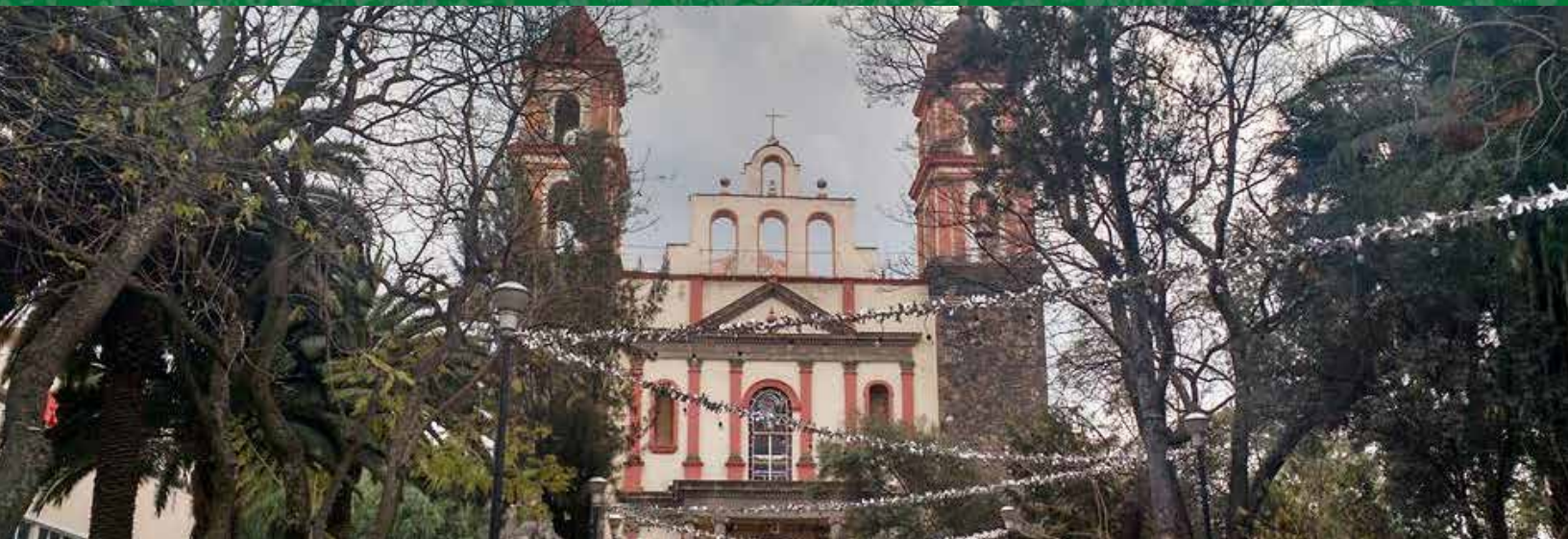
- Reservation and prior payment are required.
- Groups will be picked up and transported to the experience point based on their location in central Mexico City (please request details when booking).
- Please bring comfortable shoes and clothing, a hat, sunscreen, and water.
- Minimum 3 people, no maximum.

### Includes


- Transportation, Spanish and English guided tour, tour guide certified by the Mexican Ministry of Tourism.

### Does not include

- Food, drinks, tips, or other expenses.



## Religious Iztapalapa

 Av. Ermita Iztapalapa # 1271, San Pablo Iztapalapa.  
Historical Center of Iztapalapa

### Azteca Travel Tours Art

This guided walking tour follows the historic route of the procession of the Three Falls of the Christ of Iztapalapa. This event is a traditional representation of the Crucifixion of Christ during Holy Week, and it is deeply rooted in the local culture and religious practices. The tradition of the Three Falls of Christ in Iztapalapa spans at least 180 years, making it a vital part of the area's cultural and religious heritage. This tour offers insight into the enduring legacy of this meaningful celebration..

### Contact

- (+52) 55 13 08 37 32 | (+52) 55 57 63 55 27.
- lidiaherreramail@gmail.com
- aztecatraveltoursart.site123.me

### Hours

- Monday to Sunday, 8:00 AM to 4:00 PM.
- Duration: 3 to 4 hours, depending on your interests and time available.

### Activities

- Walk along the procession route, experiencing the significant moments of the Three Falls of Christ.
- Visit churches and important landmarks associated with the Holy Week celebration in Iztapalapa.
- Learn about the tradition's role as a major representation of the Catholic faith in the region.



### Notes

- Reservation and prior payment are required.
- Groups will be picked up and transported to the experience point based on their location in central Mexico City (please request details when booking).
- Please bring comfortable shoes and clothing, a hat, sunscreen, and water.
- Minimum 3 people, no maximum.

### Includes


- Transportation, Spanish and English guided tour, tour guide certified by the Mexican Ministry of Tourism.

### Does not include

- Food, drinks, tips, or other expenses.



## New Cathedrals of Mexico City

 Xochimilco, Iztapalapa and Azcapotzalco Cathedrals

### Azteca Travel Tours Art

This immersive experience of the three New Cathedrals of Mexico City, established since 2017 is led by a certified tour guide, recognized by the Mexican Ministry of Tourism, who provides expert commentary in both Spanish and English. During the tour, you will delve into the rich history and significance of each cathedral. Discover the unique traditions and sacred art that define these remarkable places, set in the traditional and original pueblos of Mexico City. The guide will share both historical and contemporary insights that highlight what makes these cathedrals truly special. Enjoy the magnificent architecture of the cathedrals as you explore their hidden corners and picturesque surroundings. The walking tour is designed to help you appreciate the beauty and craftsmanship that have contributed to their importance in the city's cultural landscape.

#### Contact

- (+52) 55 13 08 37 32 | (+52) 55 57 63 55 27.
- lidiaherreramail@gmail.com
- aztecatraveltoursart.site123.me

#### Hours

- Monday to Sunday, 8:00 AM to 4:00 PM.
- Duration: 8 hours.

#### Activities

- Visit the three newest cathedrals in Mexico City in a walking tour meant to explore their hidden corners and beautiful surroundings, sharing historical and contemporary information of what makes these places unique in our beautiful city and well worth discovering. These cathedrals are in



traditional and original pueblos of Mexico City.

#### Notes

- Reservation and prior payment are required.
- Groups will be picked up and transported to the experience point based on their location in central Mexico City (please request details when booking).
- Please bring comfortable shoes and clothing, a hat, sunscreen, and water.
- Minimum 3 people, no maximum.

#### Includes


- Transportation, Spanish and English guided tour, tour guide certified by the Mexican Ministry of Tourism.

#### Does not include

- Food, drinks, tips, or other expenses.



## Hiking the Tetlama Volcano

 Calle Árbol S/N, San Miguel Teotongo, Iztapalapa, 09630

### Turismo Iztapalapa

This hiking route is designed for participants with a moderate level of physical fitness. The main objective is to reach the summit and traverse the ridge of the Tetlama Volcano, which is the highest peak in Iztapalapa. Throughout the journey, hikers are rewarded with a distinctive panoramic view that encompasses the eastern region of Mexico City as well as the State of Mexico.

### Contact

- (+52) 55 13 43 72 85.
- izcander@gmail.com

### Schedule

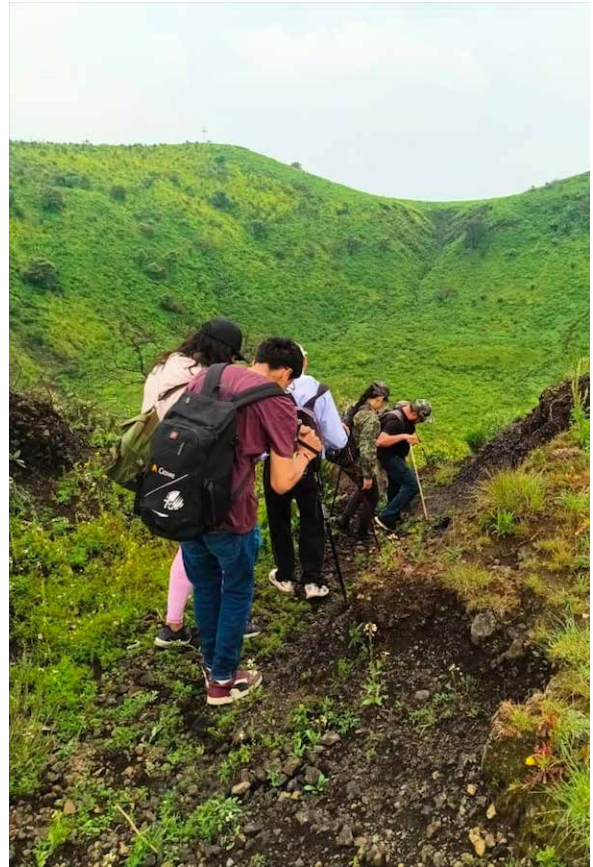
- Duration: 6 to 7 hours.
- Weekends (or weekdays with advance booking).

### Activities

- The visit is dynamic you will learn aspects of the volcano's history, flora, fauna, and archaeological sites. We will descend into the crater to witness the last eruptive event and observe endemic flora. Finally, we descend through the sand dunes, a challenging and fun adventure.

### Notes

- Meeting point: Cablebús entrance at the Constitución metro station or the Acahualtepec elevated Trolebús station.
- It is important that participants wear appropriate clothing and footwear depending on the season. Ankle-high boots,



quick-drying clothing, a helmet, and trekking poles.

- Bring a water bottle and a light snack.

### Includes


- Guided tour, first-aid kit, and basic equipment.

### Does not include

- Transportation.
- Food.

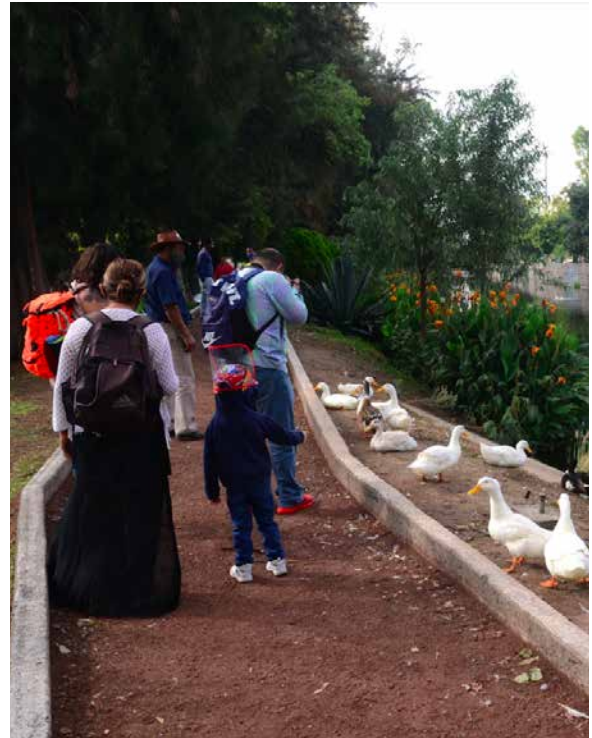


## Canal Nacional-Mexicaltzingo Route

 Metro Mexicaltzingo, Mexicaltzingo, Iztapalapa, 09099

### Turismo Iztapalapa

A basic urban hiking route that allows you to explore the ancient National Canal, a remarkable legacy of pre-Hispanic hydraulic engineering. This site, now fully restored, has become an essential destination for those interested in history and nature alike. Along the canal, the thriving birdlife is particularly notable, with migratory and domestic species such as ducks, geese, green herons, egrets, Mexican ducks, and others providing a vibrant natural spectacle. In addition to the canal itself, the route offers the opportunity to observe archaeological remains integrated into various buildings and churches. These structures span from the colonial era to modern times, offering a tangible connection to the region's layered history and architectural evolution..



### Contact

- (+52) 55 13 43 72 85.
- izcander@gmail.com



### Schedule

- Duration: around 3 to 4 hours.
- Weekends (or weekdays with advance booking).

### Activities

- Discover the rich cultural and historical heritage of the ancient pueblo of Mexicaltzingo, including the former Convent of San Marcos; the mysteries hidden within its architecture, legends, artistic treasures, sculptures and archaeological site.

### Notes


- Meeting point: Mexcalzingo metro entrance.
- Minimum 10 personas, maximum 20.
- It is important that participants wear appropriate clothing and footwear depending on the season. Ankle-high boots, quick-drying clothing, a helmet, and trekking poles.
- Bring a water bottle and a light snack.

### Includes

- Guided tour, first-aid kit, and basic equipment.


### Does not include

- Transportation.
- Food

 Turismo Iztapalapa



## Hiking from Cuitlaxochitl, Mazatepetl to Tecuauhtzin

 Avenida de las Minas sin número, colonia Buenavista, Iztapalapa CP 09700

### Turismo Iztapalapa

This route of three volcanoes is suitable for experienced hikers and nature enthusiasts. It's rated for intermediate levels and requires a moderate level of fitness. The objective is reaching the summit of each volcano and enjoying the unique views of eastern Mexico City and the State of Mexico.

#### Contact

- (+52) 55 13 43 72 85.
- izcander@gmail.com

#### Schedule

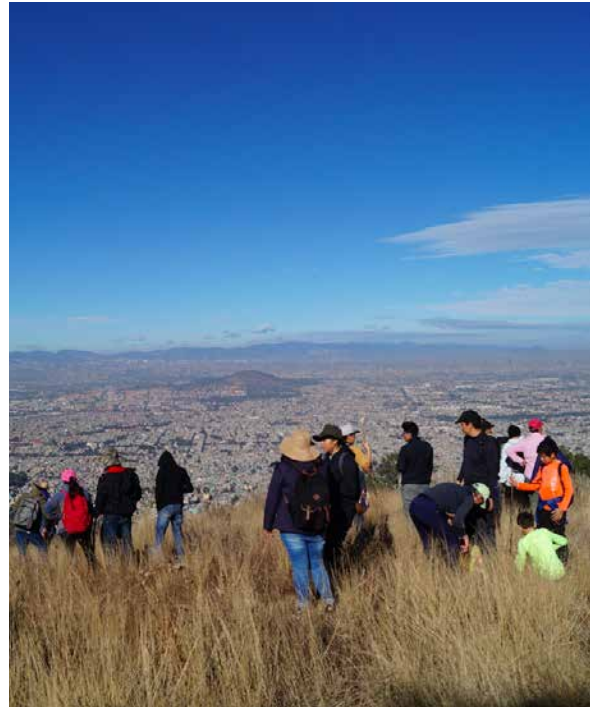
- Duration: around 6 to 7 hours.
- Weekends (or weekdays with advance booking).

#### Activities

- This is a themed hike so you can get to know the history of the sites, the flora and fauna of the place as well as the archaeological remains scattered along the trail. Participants climb rocks on the Tecuauhtzin volcano, the last in the area, where endemic flora grows. The hike ends at Cuatro Cruces, and the return journey follows Dr. Atls' Trail, immortalized by Murillo in several paintings.

#### Notes

- Meeting point: Cablebús entrance. Constitución metro station or Acahualtepec trolebús station.



- Minimum 10 personas, maximum 20.
- It is important that participants wear appropriate clothing and footwear depending on the season. Ankle-high boots, quick-drying clothing, a helmet, and trekking poles.
- Bring a water bottle and a light snack.

#### Includes


- Guided tour, first-aid kit, and basic equipment.

#### Does not include

- Transportation.
- Food.



## Cuevas del Huixachtecatl Route

 Cerro de la Estrella metro station, Ermita Iztapalapa  
El Molino, Iztapalapa, 09360

### Turismo Iztapalapa

This is a moderate hiking route where you can enjoy a leisurely stroll through the city or a hike of one of the most sacred hills in eastern Mexico City. This hill was the site of the pre-Hispanic Xiuhmolpilli (or New Fire) ceremony and is now the location for one of the world's most famous Stations of the Cross processions during Holy Week. Along the way, you'll discover caves, local flora and fauna, historical sites, archaeological sites, and legends, culminating in a spectacular view of the city. Suitable for ages 9 and up, for those physically fit enough for climbing and standing longer hikes.



### Contact

- (+52) 55 13 43 72 85.
- izcander@gmail.com

### Schedule

- Duration: around 6 to 7 hours.
- Weekends (or weekdays with advance booking).



### Activities



- The tour includes visits to several of the hill's legendary caves and archaeological sites. It also features a visit to the New Fire Museum and the trails leading to the summit where the ruins of the ancient Temple of Ayauhcalli, or New Fire, are located, offering a spectacular 360° panoramic view of the Valley of Mexico and Mexico City.

### Notes

- Meeting point: Cerro de la Estrella metro station.
- Minimum 10 personas, maximum 20.
- It is important that participants wear appropriate clothing and footwear depending on the season. Ankle-high boots, quick-drying clothing, a helmet, and trekking poles.
- Bring a water bottle and a light snack.

### Includes

- Guided tour, first-aid kit, and basic equipment.

### Does not include

- Transportation.
- Food.



## Biking through Coyoacán

📍 Presidente Carranza 20, Coyoacán Barrio de la Conchita

### Poráy

A bike ride through the bohemian and artistic atmosphere of Coyoacán's authentic barrios. We'll visit its charming corners, plazas, churches, and alleyways in a tranquil setting steeped in Mexican art, culture, and tradition. Ride through the places and environments that defined the artistic legacy of Frida Kahlo, a world-renowned painter whose works reflect her love of life and her passionate love story with Diego Rivera.

### Contact

- (+52) 55 73 34 64 46 | (+52) 55 50 35 18 10.
- go@poray.bike
- <http://www.poray.bike>



### Schedule



- Duration: 3 hours.
- Tuesdays, Thursdays, and Saturdays at 10:00 AM.

### Activities

- Poráy is the casual and fun way to explore the city by bike. Guided by our team experience the cultural, historical, and gastronomic delights of the best that the city has to offer, from parks and alleyways to markets and plazas. We also have bikes for rent for the whole family, from babies one year old to children, teenagers, adults and seniors. Bike rental is easy, accessible, and fast.



### Notes

- Wear sunscreen.
- Wear comfortable clothing and shoes.
- Meeting point: Plaza de la Conchita, Coyoacán.
- Minimum/maximum: 2 to 10 people.

### Includes

- Water bottle.
- Snacks.
- Bicycle.
- Helmet.
- AP insurance.
- Guide and cycling escort.

### Does not include

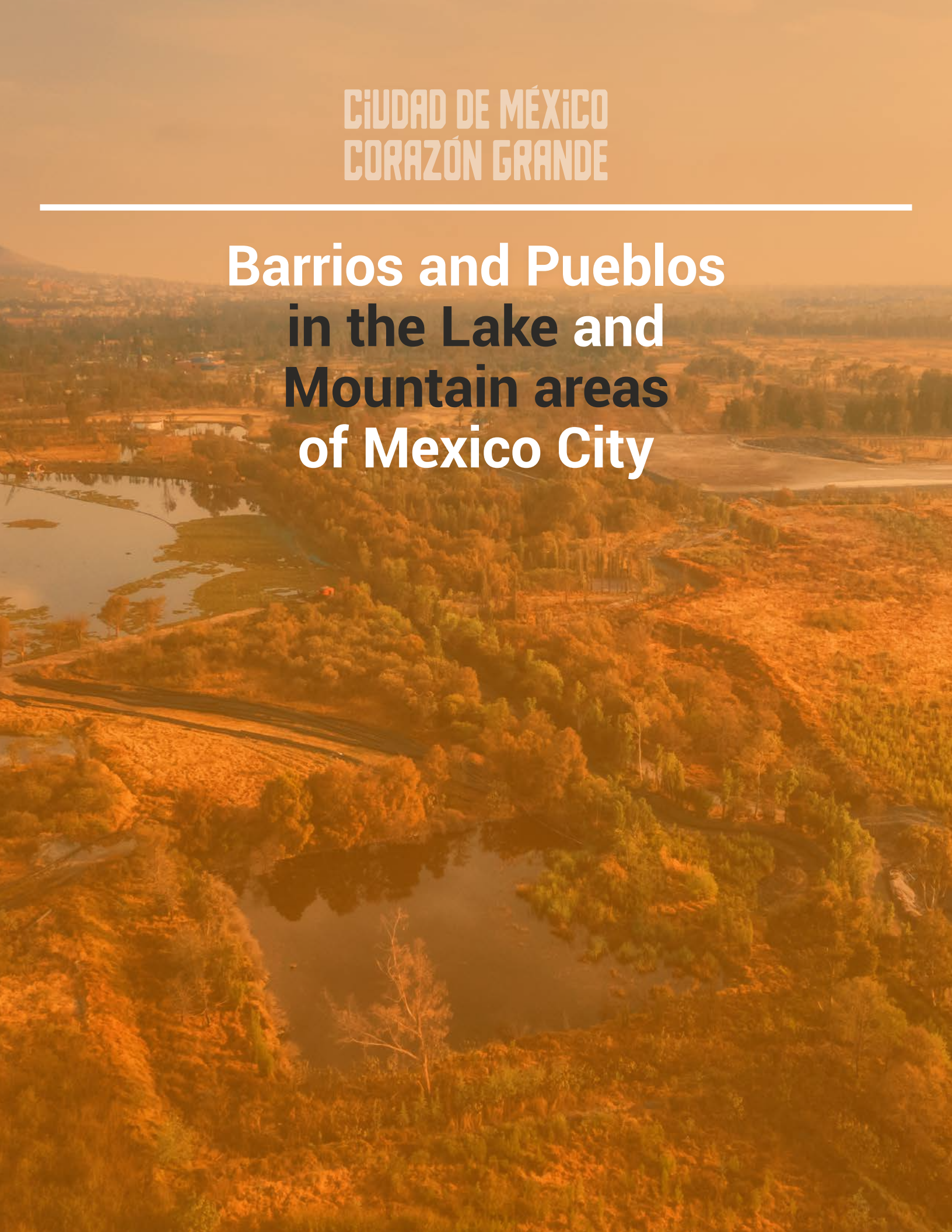
- Hotel pickup.
- Tips.



CIUDAD DE MÉXICO  
CORAZÓN GRANDE

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**Barrios and Pueblos  
in the Lake and  
Mountain areas  
of Mexico City**





# Barrios and Pueblos in the Lake and Mountain areas of Mexico City

1. Tlalpan
2. Xochimilco
3. Tláhuac
4. Milpa Alta
5. La Magdalena Atlitlic
6. Santa Rosa Xochiac





Cumbres del Ajusco National Park

## 1. Tlalpan

Tlalpan is a historic and cultural area in the south of the city that captivates visitors. In pre-Hispanic times, the territory was inhabited by Xochimilca and Tepanec groups. During the Viceroyalty period, it was known as the Villa de San Agustín de las Cuevas, and in the 19th century, the town changed its name to Tlalpan.

The center of Tlalpan, with its colonial architecture and layout, bears witness to its connection to the past. The predominant architectural style is colonial and neoclassical, although there are also buildings and facades in Baroque and eclectic styles. Among the most outstanding examples of this architectural diversity are Casa Frissac (now a cultural center), the Municipal Palace, the Church of San Agustín de las Cuevas, La Paz Market, the Old Mint, Casa Chata (now Ciesas), the Museum of Time, the Amaxalco Oratory, and the Tlalpan History Museum.

The original pueblos that make up the Tlalpan district demonstrate the coexistence of traditions passed down through generations and modernity. San Miguel Xicalco, San Andrés Totoltepec, San Miguel Ajusco, and Parres El Guarda are

some outstanding examples. Public markets and traditional festivities, such as the Fiesta de la Candelaria, give way to a rich and authentic gastronomy. One of the traditional dishes is the delicious caldo tlalpeño, which perfectly blends chicken broth and fresh vegetables, delighting even the most discerning palates and making it an unforgettable culinary experience.

Nature intertwines with history in Tlalpan, with Fuentes Brotantes National Park and Bosque de Tlalpan providing serene escapes. Cumbres del Ajusco National Park stands as a natural treasure in the heart of Mexico City. With its extensive pine and oak forests, as well as high-altitude meadows, the park offers a tranquil refuge amidst the urban bustle. From the heights of Ajusco, the panoramic views of the city and the valley are simply breathtaking.



Xochimilco's canal system

## 2. Xochimilco

Xochimilco is a well-known tourist destination famous for its canals and trajineras (flat-bottomed boats), which offer visitors a unique and colorful experience. This ancient canal system, dating back to pre-Hispanic times, has become an iconic attraction, declared a World Heritage Site by Unesco.

Visitors can enjoy a trajinera ride along the canals, surrounded by lush vegetation and accompanied by the music and lively atmosphere of mariachis and other musical groups on other boats. During the ride, it's common to encounter vendors selling food, handicrafts and local products.

Xochimilco is also known for its chinampas, ancient floating gardens, which are still used for growing flowers and vegetables. This traditional agricultural method adds an extra touch of charm to the Xochimilco experience.

The original pueblos of Xochimilco, such as San Francisco Tlalnepantla, Santa Cecilia Tepetlapa, Pueblo Tepepan, Santa Cruz Xochitepec, Santiago Tepalcatlalpan, San Mateo Xalpa, San Gregorio Atlapulco, Santiago Tulyehualco, Santa María Tetepan, Santa Cruz Acapulco, San Andrés Ahuayucan, San Luis Tlaxialtemalco, San Lorenzo Atemoaya, and Santa María Nativitas de Zacapan, are the living links to the rich history of this territory..

<sup>2</sup> *Trajinera*: A traditional, flat-bottomed boat, famous in the canals of Xochimilco. The name comes from the Spanish word 'trajinar', meaning "to carry goods". Originally used for transporting goods trajineras are now also used for tourism purposes.

<sup>3</sup> *Chinampa*: An ancient, highly productive farming method, famously used by the Aztecs, involving artificial stationary "floating gardens" built on shallow lake beds in the Valley of Mexico, creating fertile, irrigated plots from mud, vegetation and sediment to grow crops year-round, essentially creating sustainable human-made islands for intensive agriculture.



Zacapa dock



San Andrés Apostol Temple in Mixquic

### 3. Tláhuac

Located on the outskirts of Mexico City, Tláhuac stands as a captivating tourist destination where history intertwines harmoniously with nature and vibrant local traditions. This territory, with roots dating back to 1222 AD, boasts a rich history that has transformed over the centuries. Its seven original pueblos, such as San Andrés Mixquic and Santiago Zapotitlán, act as guardians of indigenous traditions, particularly during the Day of the Dead festivities, when the streets come alive with illuminated altars and dances that celebrate the connection between the earthly and the spiritual. This is one of the most important places in the country to experience authentic Day of the Dead celebrations, which have been recognized as part of the indigenous festivals inscribed on Unesco's Representative List of the Intangible Cultural Heritage of Humanity since 2008.

The unique intensity with which Tláhuac celebrates the Day of the Dead, from the meticulous preparation of offerings to the moving "coffin procession," reflects the community's deep respect and profound spiritual connection to its ancestors.

The stunning natural beauty of Tláhuac is revealed in its wetlands, forests, and the impressive Lake of Los Reyes. These spaces offer a natural refuge, ideal for those seeking to escape the urban hustle and bustle. Furthermore, the region's architectural heritage, evident in its churches and convents built by the first missionaries in the Americas, is captivatingly showcased in the Tláhuac and Mixquic local museums, which house archaeological treasures.

The culinary experience in Tláhuac is a delight. Traditional dishes like tlapique and michmole offer a feast of authentic flavors, while local markets display a diverse array of fresh ingredients, highlighting the richness of Mexican cuisine.



Chapel of San Martín in San Pedro Atocpan

#### 4. Milpa Alta

Standing out as the second largest and most rural borough in Mexico City, it encompasses 88 square miles of environmental reserve, crucial for the central region of the country. Its history, dating back to the 12th century with its Chichimec origins, reflects resistance to the Spanish conquest and Christianization, symbolized by the hermitage dedicated to Saint Martha in 1545.

The rich cultural heritage is evident in festivities such as the National Mole Fair in the indigenous town of San Pedro Atocpan and the visually captivating Hot Air Balloon Festival in Santa Ana Tlacotenco. Milpa Alta enchants visitors with its natural surroundings, the Ajusco-Chichinautzin mountain range, and its twelve original pueblos, such as San Lorenzo Tlacoyucan, San Antonio

Tecomitl, and San Francisco Tecoxpa and San Juan Tepenáhuac preserve ancestral traditions and offer ecotourism experiences. In this microcosm of history, traditions, and natural environment, Milpa Alta presents itself as a careful balance between its cultural roots and adaptation to a constantly evolving modern world. Resilience, the preservation of traditions, and the celebration of agricultural wealth define the borough, with mole and nopal cactus as representative symbols of its identity. These elements also reveal a special harmony between history and modernity in every corner of its landscapes and festivities.



Paisaje de los cultivos de nopal de Milpa Alta

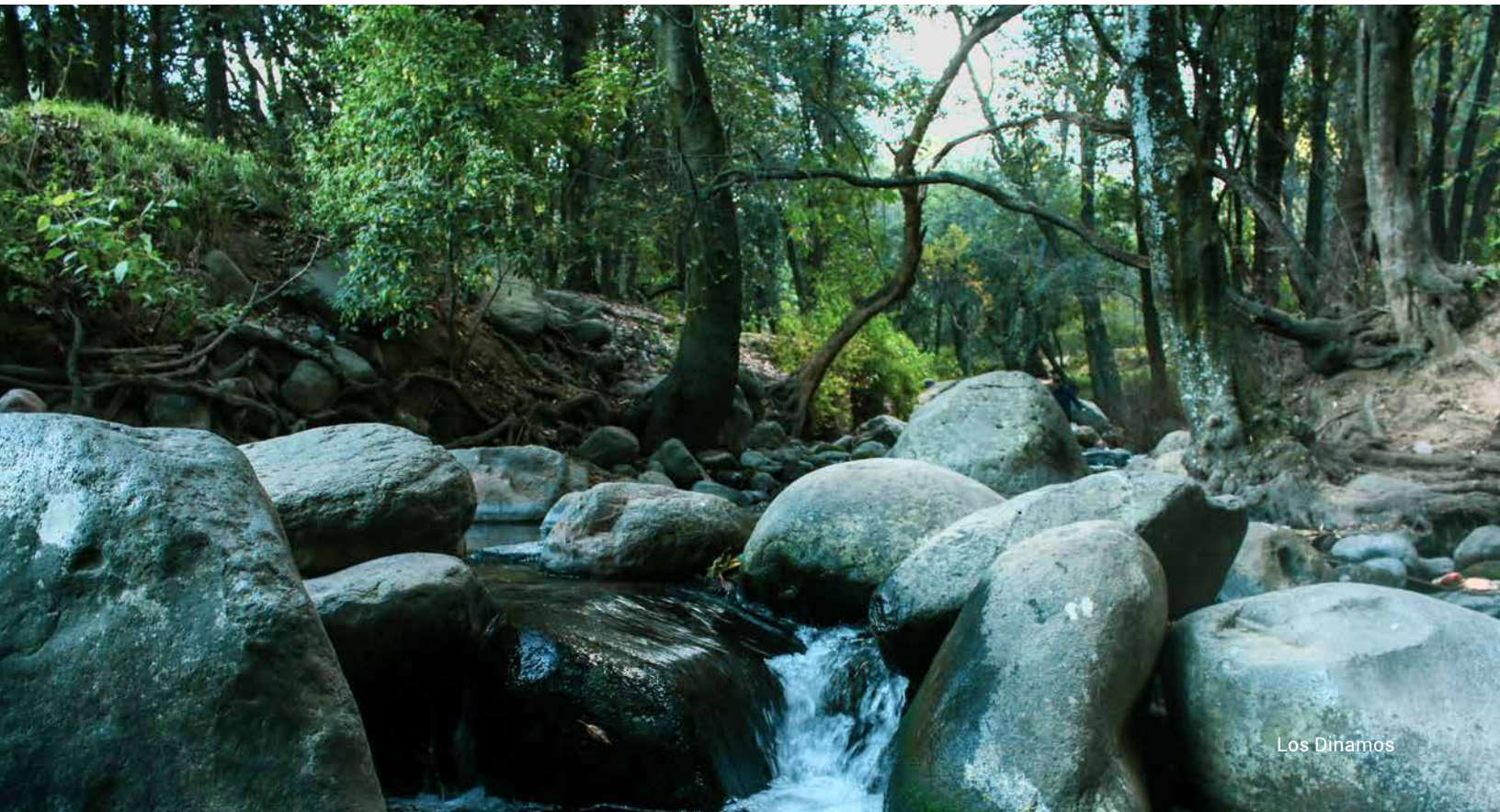
### 5. La Magdalena Atlitic

La Magdalena Atlitic, located within the Magdalena Contreras district, is one of the original towns found southwest of Mexico City, in a mountainous and forested area. The town's origins date back to the 13th and 14th centuries, when Nahua groups settled here, giving it the name Atlitic, meaning "place where water abounds." Later, from the arrival of the friars in 1535 to the present day, La Magdalena Atlitic has preserved its identity, most notably the Church of Santa María Magdalena de Atlitic with its Baroque architecture and Mudéjar art elements.

Furthermore, the presence of historical figures such as the Franciscan friars, textile pioneers who in their time distinguished this area as an important producer of high-quality threads and fabrics, enriches the story of this charming corner of the world. The tourist offerings of this area range from vibrant festivities, such as the Feast of Saint Mary Magdalene, to attractions like the Magdalena Contreras Cultural Forum and Los Dinamos. The latter is a wooded area owned by the ejido (communal land), located within the territory of the Magdalena Contreras, the Atlitic Agrarian Community covers approximately 5,930

acres. It boasts a 16-mile network of hiking trails where visitors can enjoy a variety of activities such as cycling, climbing, zip-lining, rappelling, camping, trout fishing, and horseback riding.

It is simply one of the best places in the city to spend time with family and enjoy nature. Visitors can also discover waterfalls and cascades along the Magdalena River, the last remaining flowing river in Mexico City. This is complemented by the exquisite local cuisine, which includes quesadillas, trout, barbacoa, rabbit, and the traditional pulque.



## 6. Santa Rosa Xochiac

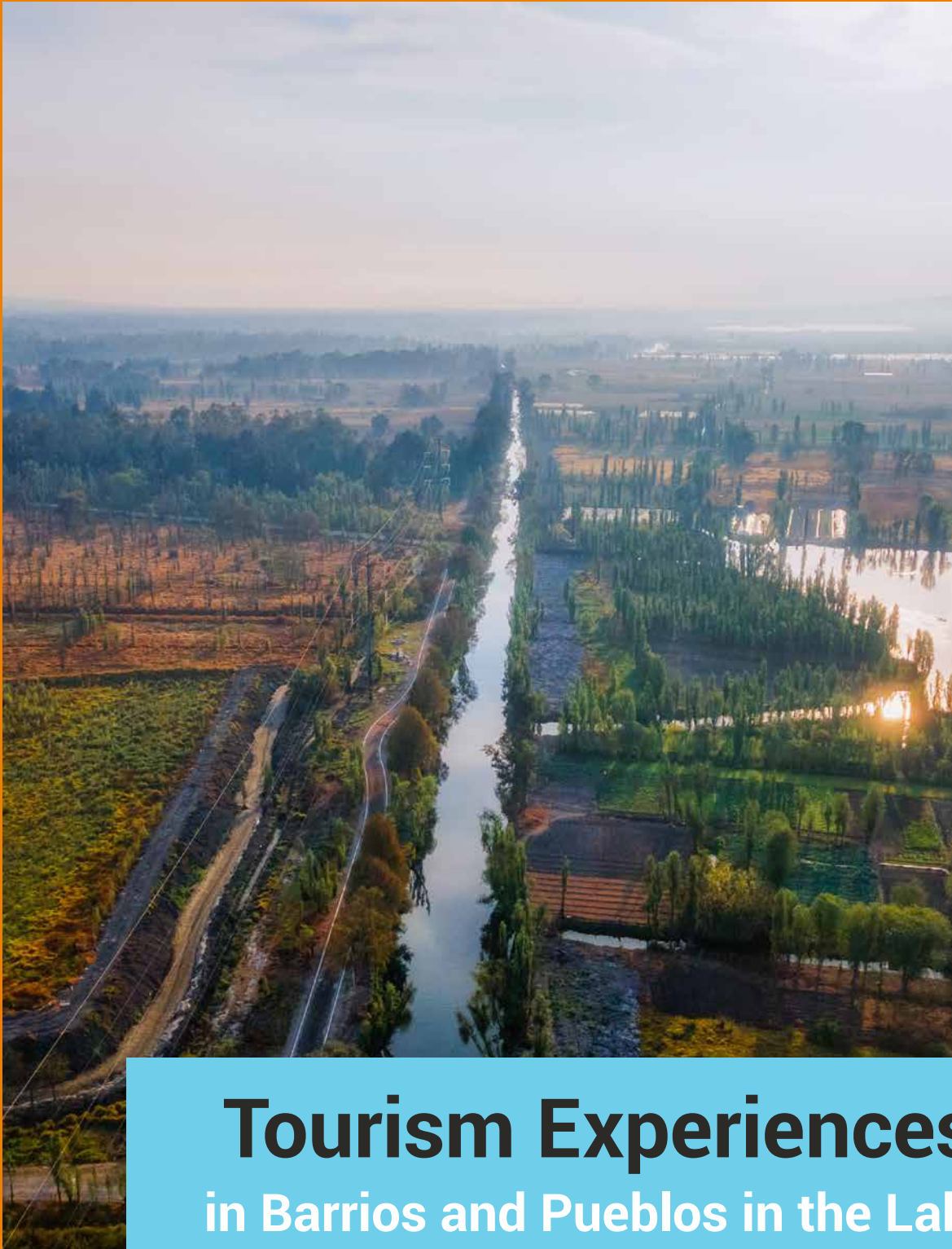
Located southwest of Mexico City in the Sierra del Monte de las Cruces mountain range, lies the traditional town of Santa Rosa Xochiac, a place where nature intertwines with traditional festivities such as Holy Week, Day of the Dead, and the patron saint's festival. Founded in 1704, this town soon became known for its white rose growing, earning the name "Place of Flowers". Santa Rosa Xochiac is distinguished by its wooded area, which serves as one of the green lungs west of the city. Adjacent to the Santa Rosa forest is Desierto de los Leones National Park, the oldest national park in Mexico.

This protected natural area is located between the districts of Cuajimalpa and Álvaro Obregón. It can be accessed via the Calzada Desierto de los Leones and the Mexico-Toluca highway, making Santa Rosa Xochiac a key landmark along this route.

It is an ideal place for hiking and other recreational activities. Within the forest lies the former Convent of Our Lady of Mount Carmel of Santa Fe and its museum, a 17th-century building conceived as a place of spiritual retreat in the heart of nature.


Desierto de los Leones Monastery





# **Tourism Experiences** in Barrios and Pueblos in the Lake and Mountain areas of Mexico City

## Visita a Chinampa

 Canal Almoloya S/N. Paraje Almoloya, ANP: Ejidos de Xochimilco y San Gregorio Atlapulco. Alcaldía Xochimilco

### Olintlalli

This unique agritourism experience invites visitors to immerse themselves in the daily life of chinampa farmers, offering valuable insight into why the Chinampa Zone of Xochimilco is recognized as one of the Globally Important Agricultural Heritage Systems. The experience begins with a scenic ride on a trajinera, allowing participants to observe the region's remarkable biocultural heritage. Upon arrival at the chinampa, guests receive an explanation of traditional ancestral farming techniques, as well as an introduction to the eco-technologies currently implemented to support sustainable agriculture in the area. The tour concludes with a guided walk through the various crops cultivated on the chinampas. Each day spent on the chinampas presents new opportunities for learning and discovery, making this a memorable and educational visit for all participants.

### Contact

- (+52) 55 36 57 88 64 WhatsApp.
- olintlalli@yahoo.com.mx
- www.olintlalli.com.mx

### Schedule

- Year-round with prior reservation at least five days in advance, subject to availability.
- Open from 9:00 AM to 3:00 PM.
- Duration: 6 hours.

### Activities

- Guided tour on a trajinera.
- Explanation of ancestral cultivation techniques, agroecological practices, and ecotechnologies used.

- Tour of the different crops.
- Explanation of what a Chinampa Refuge is and its environmental importance. Explanation of the importance of water purification biofilters.

### Notes

- Meeting point: Acalli Sports Club.
- Children up to 5 years old accompanied by an adult are free.
- Bring comfortable clothing and shoes appropriate for the season.
- Long-sleeved shirt or blouse.
- Wear a hat or cap.
- During the rainy season, bring mosquito repellent.
- If you bring pets, they must be always kept on a leash.
- Minimum 15, maximum 20 people.

### Includes

- Trajinera tour.
- Guide.
- Entrance fees to the places visited.
- Dry toilets on the chinampa.

### Does not include

- Tips.
- Taxes.
- Traveler's insurance.
- Translator.
- Entrance fees to places not included in the experience



## Taste the Chinampero Flavours

 Canal Almoloya S/N. Paraje Almoloya, ANP: Ejidos de Xochimilco y San Gregorio Atlapulco. Alcaldía Xochimilco

### Olintlalli

The experience starts with a guided boat tour (trajinera) to the Chinampa, where ancestral cultivation techniques used to grow flowers and vegetables are explained. Once there, participants can harvest some of these fresh products directly from the field. Afterward, everyone collaborates in preparing a variety of dishes, which change throughout the year depending on the available harvest. Some recipes are specially crafted for festivals, celebrations, or seasonal occasions. Additionally, there is the option to choose a **"Signature Cuisine"** experience for those who wish to discover unique and original gastronomic creations.

### Contact

- (+52) 55 36 57 88 64 WhatsApp.
- olintlalli@yahoo.com.mx
- www.olintlalli.com.mx



### Schedule



- Year-round with prior reservation at least five days in advance, subject to availability.
- Open from 10:00 AM to 3:00 PM.
- Duration: 5 hours.

### Activities

- Guided tour on a trajinera.
- Demonstration of a chinampa.
- Tour of different crops and harvesting of produce.
- Cooking class.
- Culinary experience.

### Notes

- Meeting point: Acallí Sports Club.
- Children up to 5 years old must be accompanied by a free adult.
- Wear comfortable clothing and shoes appropriate for the season.
- Long-sleeved shirt or blouse.
- Wear a hat or cap.
- Bring mosquito repellent during the rainy season.
- If you bring pets, they must be kept on a leash at all times.
- Minimum 2 people, maximum 6.

### Includes


- Trajinera tours.
- Guide.
- Entrance fees to the sites visited.
- Explanation of the chinampa and demonstration.
- Harvesting chinampa products used to prepare the food to be tasted.
- Cooking class.
- Gastronomic experience.
- Table setting with clay pottery.
- Dry toilets on the chinampa.

### Does not include

- Tips.
- Taxes.
- Traveler's insurance.
- Translator.
- Entrance fees to sites not included in the experience.
- Additional tours.



## Visit the Land of the Axolote

 Canal de la Virgen S/N, Paraje Apampilco, Área Natural Protegida Ejidos de Xochimilco y San Gregorio Atlapulco, Alcaldía Xochimilco, Ciudad de México

### Humedalia

Guided by biologists and chinampa farmers, you'll paddle through the most pristine canals of the Xochimilco wetlands, discovering the local flora and fauna. You'll meet the axolotl, that magical creature that has captured hearts worldwide and fascinated scientists for decades. You'll visit a chinampa, learn its ancestral secrets, and participate in the day's agricultural activities. Finally, you'll enjoy a delicious lunch featuring freshly harvested, locally sourced ingredients.

### Contact

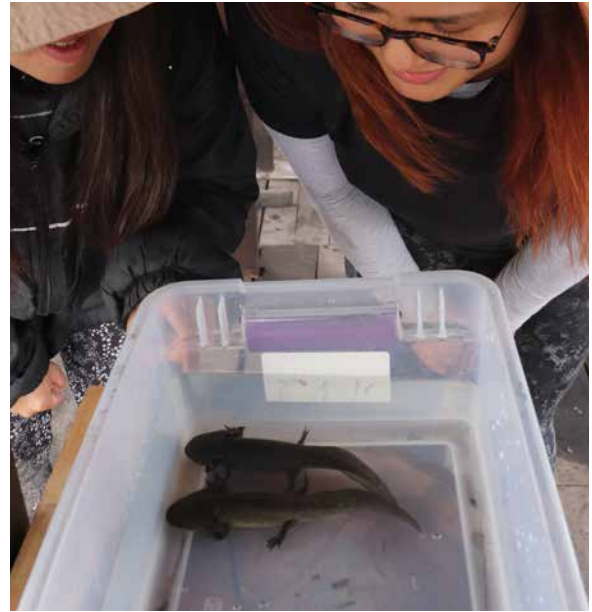
- (+52) 55 63 86 20 78 | (+52) 55 22 48 12 24 WhatsApp.
- [contacto@humedalia.org](mailto:contacto@humedalia.org)
- [www.humedalia.org](http://www.humedalia.org)
- 

### Schedule

- Monday to Sunday, by reservation only.
- Tours available from 5:00 AM to 2:00 PM.
- Duration: 4 hours.
- 
- Activities
- Cayuco ride through the wetland canals.
- Flora and fauna observation.
- Axolotl presentation.
- Visit to a chinampa.
- Participation in daily chinampa activities.
- Food tasting.
- 

### Notes

- Reservations are recommended at least 2 days in advance.
- Please bring comfortable clothing and



shoes, and sunscreen.

- Meeting point: Antiguo Canal de Cuemanco S/N, Virgilio Uribe Olympic Track, Xochimilco, 16034, Mexico City.
- Minimum 2 people, maximum 17.
- 

### Includes

- Guide available in Spanish and English.
- Lunch.
- Water transportation for navigating the wetlands.
- Visit to a chinampa.
- Equipment for chinampa activities.
- 

### Does not include

- Taxes.
- Insurance.
- Entrance fees to sites not included in the itinerary.
- Optional tours.



## Agua / Tierra / Origen

 Canal Almoloya S/N. Paraje Almoloya, ANP: Ejidos de Xochimilco y San Gregorio Atlapulco. Alcaldía Xochimilco

### Olintlalli

This agro-ecotourism experience is designed to introduce you to three elements that define our identity as an original community of Mexico City and allow you to enjoy its rich biocultural heritage. We begin with a trajinera boat ride to reach the chinampa, where you'll learn about ancestral farming techniques and eco-friendly practices. We'll walk through the different crops and harvest them ourselves (Earth). Since the creation of the chinampas (Origin) is for food production, we'll prepare some dishes using chinampa produce, so you leave with a full belly and a happy heart.

### Contact

- (+52) 55 36 57 88 64 WhatsApp.
- olintlalli@yahoo.com.mx
- www.olintlalli.com.mx
- 

### Schedule

- Year-round with prior reservation at least five days in advance, subject to availability.
- Open from 09:00 AM to 1:00 PM.
- Duration: 4 hours.
- 

### Activities

- Guided tour on a trajinera.
- Demonstration of a chinampa.
- Tour of different crops and harvesting of produce.
- Cooking class.
- Culinary experience.
- 

### Notes

- Meeting point: Acallí Sports Club.
- Children must be accompanied by an adult.
- Wear comfortable clothing and shoes appropriate for the season.
- Long-sleeved shirt or blouse.
- Wear a hat or cap.
- Bring mosquito repellent during the rainy season.
- If you bring pets, they must be always kept on a leash.
- Minimum 2 people, maximum 6.
- 

### Includes


- Trajinera ride.
- Guide.
- Entrance fees to the sites visited.
- Food and beverages.
- Table setting with clay set.
- 

### Does not include

- Tips.
- Taxes.
- Traveler's insurance.
- Translator.
- Entrance fees to sites not included in the experience.
- Additional tours.



## Temazcalli. The Magic of the Four Elements

 Canal Almoloya S/N. Paraje Almoloya, ANP: Ejidos de Xochimilco y San Gregorio Atlapulco. Alcaldía Xochimilco

### Olintlalli

This mystical experience invites you to embrace the benefits of the four elements—water, earth, fire, and air—through an immersive and ceremonial journey. The adventure begins with a scenic ride on a trajinera, transporting you to the chinampa, where a symbolic representation of the four elements awaits your arrival.

Upon reaching the chinampa, you will participate in a cleansing ritual using copal incense. This sacred ritual is designed to harmonize your energy with the unique spirit of the chinampa, preparing you for the transformative experiences ahead. The ceremony continues with the lighting of “Grandfather Fire.” This act not only warms the “Grandmothers”—the stones essential to the ritual—but also serves as an offering of permission to the four cardinal directions, honoring the balance of nature. While “Grandfather Fire” works, there will be a meaningful moment dedicated to group bonding, fostering a sense of unity and shared purpose among all participants. Finally, the temazcal ritual commences with the opening of four symbolic doors, marking the passage through each of the four elements and guiding you on a journey of renewal and connection.

### Contact

- (+52) 55 36 57 88 64 WhatsApp.
- olintlalli@yahoo.com.mx
- www.olintlalli.com.mx

### Schedule

- Third Saturday of each month, 10:00 AM to 5:00 PM.
- Duration: 7 hours.
- Open groups, reservations required, any day.

### Activities

- Guided tour on a trajinera.
- Welcome with a representation of the four elements.
- Copal cleansing ritual.
- Fire lighting ceremony.
- Group activity.
- Temazcal ceremony.
- Culinary experience featuring chinampa products.

### Notes

- Meeting point: Acalli Sports Club.
- For people 15 years of age and older.
- Bring comfortable clothing and shoes appropriate for the season.
- If you bring pets, they must always be on a leash.
- Minimum 15 people, maximum 20.

### Includes


- Trajinera tour.
- Guide.
- Entrance fees to the sites visited.
- Fire lighting ceremony.
- Temazcal ceremony.
- Group activities.
- Food and beverages.
- Dry toilets on the chinampa.

### Does not include

- Tips.
- Taxes.
- Traveler's insurance.
- Translator.
- Entrance fees to sites not included in the experience.
- Additional tours.



## Eco-Tour Teuhtli Volcano, Agriculture & Amaranth

 Barrio de Santiago Tulyehualco, Xochimilco

### Azteca Travel Tours

Embark on a guided hike along the scenic trails of Teuhtli Volcano, exploring a diverse landscape that features both natural beauty and areas of agricultural activity. The route includes visits to fields of amaranth and olive groves, offering participants the opportunity to learn about local farming practices and the importance of these crops to the region. Throughout the experience, discover the unique natural environments and farmland of Mexico City. Gain insights into the area's rich history, evolving culture, and culinary traditions, spanning from pre-Hispanic times to the present day.

### Contact

- (+52) 55 13 08 37 32 | (+52) 55 57 63 55 27.
- lidiaherreramail@gmail.com
- aztecatraveltoursart.site123.me

### Schedule

- Available daily from 8:00 AM to 4:00 PM.
- Duration: 3.5 to 4 hours.

### Activities

- Guided hike along the scenic trails of Teuhtli Volcano, visits to fields of amaranth and olive groves, offering participants the opportunity to learn about local farming practices and the importance of these crops to the region. Discover the unique natural environments and farmland of Mexico City.



### Notes

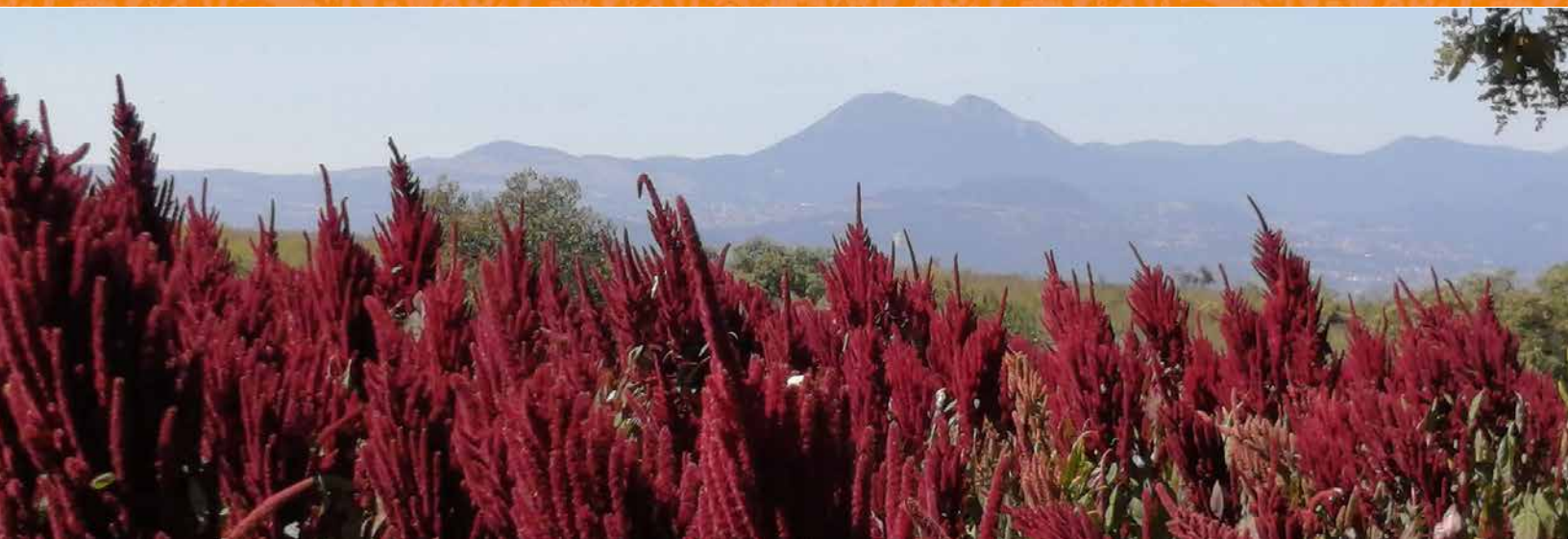
- Payment and prior booking are required.
- Groups are picked up and transported to the tour location based on their location within central Mexico City.
- Bring comfortable shoes and clothing, a hat, sunscreen, and water.
- Minimum 3 people, no maximum.

### Includes


- Transportation.
- Guided tour.
- Tour guide certified by the Federal Tourism Secretariat, local guide & explanations in Spanish and English.

### Does not include

- Food.
- Beverages.
- Tips or other expenses.



## Tour of the Magical Barrios of San Andrés Mixquic & Tláhuac

 Centros de Mixquic y Tláhuac, Alcaldía Tláhuac, Ciudad de México

### Azteca Travel Tours Art

This tour offers a guided walking experience focused on the art, traditions, culture, street food, and history of two original neighborhoods. The itinerary includes visits to various notable places and buildings, allowing guests to discover the historical and cultural heritage of San Andrés Mixquic and San Pedro, as well as the centers of Mixquic and Tláhuac, located in the Tláhuac borough of Mexico City. Alongside visits to churches, convents, museums, plazas, and markets, the experience features opportunities to explore local crafts and participate in traditional activities, fostering genuine and direct engagement with the community. In this way, visitors are immersed in the rich cultural tapestry of the area and can enjoy the hospitality of its people.

### Contact

- (+52) 55 13 08 37 32 | (+52) 55 57 63 55 27.
- lidiaherreramail@gmail.com
- aztecatraveltoursart.site123.me



### Schedule

- Available daily from 8:00 AM to 4:00 PM.
- Duration: 5 to 7 hours, depending on your interests and time.

### Activities

- A tour of emblematic sites that will transport us through their history and culture, visiting churches, convents, museums, plazas, and markets.
- We will also enjoy a ride on a trajinera that will tell us about the current and historical importance of this natural and diverse place.



### Notes

- Payment and prior booking are required.
- Groups are picked up and transported to the experience point based on their location in central Mexico City.
- Wear comfortable shoes and clothing, a hat, sunscreen, and bring water.
- Minimum 3 people, no maximum

### Includes


- Transportation, guided tour, tour guide certified by the Federal Tourism Secretariat, local guide, explanations in Spanish and English.

### Does not include

- Food.
- Beverages.
- Tips.
- Other expenses.



## "Forest baths" Time in the woods

 Parque Nacional del Desierto de los Leones,  
Alcaldía Cuajimalpa

### Yaax baños de bosque

We invite you to discover a unique forest bathing experience at Desierto de los Leones National Park. This activity is more than just a walk—it is an opportunity to connect in a profound and different way with the natural world around you. Throughout the tour, you will take deep breaths and slow steps, allowing yourself to be surrounded by the scents of pine, fir, and damp earth. The sounds of the forest will accompany you at every moment, while the path's textures will awaken your senses. The colors, shapes, and living beings of the forest will reveal themselves as part of something greater, unveiling a natural rhythm that is also yours. This experience is an invitation to feel, not just think; to be present; to share silence alongside others who, like you, seek a different kind of pause.

#### Contact

- (+52) 55 42 33 97 56.
- [contactoyaax.bosque@gmail.com](mailto:contactoyaax.bosque@gmail.com)
- [kamaco313.wixsite.com/yaaxbb](http://kamaco313.wixsite.com/yaaxbb)

#### Schedule

- Available the last weekend of each month, except on rainy days, year-round.
- Duration: Approximately 4 to 5 hours.

#### Activities

- Guided forest water bathing (Shinrin-yoku).
- Sensory awakening.
- Herbal tea ceremony.
- Thankyou ceremony to the forest.

- Visit to the former Desierto de los Leones Convent.
- Free time to enjoy local cuisine.

#### Notes

- Family-friendly tourism.
- Suitable for people over 8 years old.
- Bring a water bottle.
- This site is humid it is best if you dress in layers.
- Bring a change of clothing.
- Wear comfortable shoes with durable non-slip soles.
- Sunscreen (eco-friendly).
- Hat or cap.
- Minimum 4 people, maximum 8 people.

#### Includes

- Guided tour.
- Easy walk to connect with nature.
- Beverage (herbal infusion).
- Snack.
- Sensory workshop.
- Entrance to the former Convent and guided tour.

#### Does not include

- Insurance.
- Translator.
- Food (other than a snack).
- Transportation.



## Forest School

 Carretera Xochimilco-Oaxtepec km 28.5, Santa Ana Tlacotenco, MilpaAlta.

### Centro Ecoturístico la Gran Palapa

Camping, guided tours, cabin rentals for social events, and food service on Sundays. From 8 to 24 hours depending on the activities required.

#### Contact

- (+52) 55 58 44 11 57 | (+52) 55 81 99 39 29.
- [juan.na0679@gmail.com](mailto:juan.na0679@gmail.com)

#### Schedule

- Weekends, 9:00 AM to 6:00 PM.
- Weekdays by reservation only.

#### Activities

- Camping includes parking, security, restrooms, camping area, and firewood.
- Cabin rentals for social events include chairs, tablecloths, tables, parking, restrooms, and lighting.
- Guided tours where you will learn about nature, local history, and the uses of medicinal plants.
- Food service on Sundays featuring traditional Mexican coffee, sopes, quesadillas, and more.
- Interaction with nature, fun in open spaces. You can bring your own food.
- Pet friendly.

#### Notes

- Activities such as camping require a minimum of 6 people.
- The site does not have transportation to or from the ecotourism center; you must arrive in your own vehicle.



- Composting toilets are available. The guides in charge of your tour or visit will show you how to use them properly.
- There is no inorganic waste disposal area, so we ask visitors to always take their trash with them to help maintain a clean environment.
- We recommend bringing food and drinks in advance, as there are no commercial establishments in the area.

#### Includes

- Parking, restroom facilities, security, and trained staff for these activities.

#### Does not include

- Charcoal grill.
- Tents.
- Extra time.
- Food service.



## Jardín Alondra

Av. Santa Ana num. 26, San Jerónimo Miacatlan  
Alcaldía Milpa Alta, C.P.12600

### Jardín Alondra

Experience a fascinating journey through a space where you can admire the wonders of 800 different plant species. This tour offers you the chance to learn about their methods of reproduction and cultivation, helping you understand how to care for them and encourage their growth. The activity invites you to enjoy the vibrant colors, unique scents, and delicious fruits these plants offer, inspiring you to make them a part of your everyday life. In this way, you'll not only appreciate their beauty and benefits during your visit, but also take with you the knowledge needed to continue enjoying them in your own environment..

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#### Contact

- (+52) 55 35 00 58 46 | (+52) 55 58 44 78 20.
- jardinalo21@gmail.com

#### Schedule

- 7 days a week by appointment.
- 3.5 hours.

#### Activities

- Enjoy breakfast or lunch and a delicious red wine surrounded by beautiful orchids and hanging plants.
- There's an area with fruit trees, plants from other states and countries, an orchid garden, and an urban garden.
- A plot of mixed crops includes prickly pear cactus, the most cultivated plant in the area, along with other species.
- We are currently developing our coffee plantation.



- Here, we share knowledge and teach about the potential of our ecosystem.
- We also demonstrate how to create a self-sustaining field with newly cultivated species.

#### Notes

- Minimum 20 people, maximum 40 people.

#### Includes


- Project presentation.
- Food, singing and wine tasting.
- Learning about and demonstrating that our ecosystem is one of the most prolific.
- Learning about fruit trees and their economic importance.
- Visiting the orchidarium, home to 50 species.
- Visiting the mixed-crop garden.
- Visiting the cabin with the urban garden and learning how to sow seeds.
- Transplanting orchids and learning how to cultivate them.
- Visiting the greenhouse where species are propagated.
- Finally, launching a sky lantern.

#### Does not include

- Transportation.



## Ajuscoexplor Tour

 Calle Othón León Lobato mz.8 Lt.13 Col. Héroes de 1910  
Alcaldía Tlalpan, C.P.14760

### Ajusco Xplor Tours

Experience the thrill of mountaineering on the majestic Ajusco, the giant of southern Mexico City. This tour promises an adventure filled with excitement as you ascend to the city's highest peak. Throughout the journey, you'll cross through a stunning forest, surrounded by breathtaking and diverse landscapes. Reaching the summit rewards your effort with extraordinary panoramic views, making every step worthwhile.

### Contact

- (+52) 56 14 51 04 29.
- [www.casaxitle.com](http://www.casaxitle.com)
- [xplorajusco@gmail.com](mailto:xplorajusco@gmail.com)

### Schedule

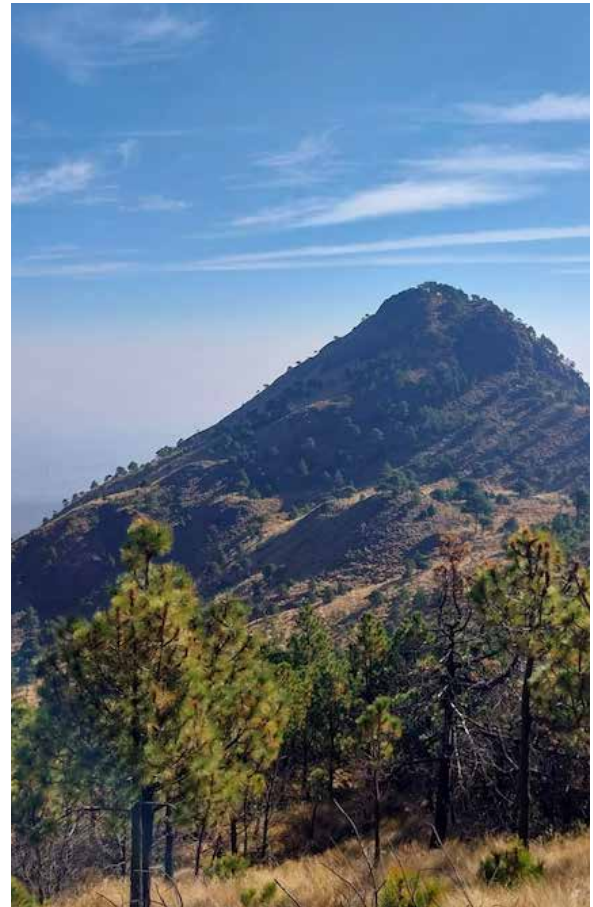
- Available Monday to Sunday with prior reservation.
- 7 hours.

### Activities

- Hiking, trekking, mid-mountain activity.

### Notes

- Minimum 2, maximum 20 people.
- Meeting point: Ajusco.
- Bring appropriate clothing and footwear, a hat, sunglasses, a buff, a backpack, and a reusable water bottle or thermos.

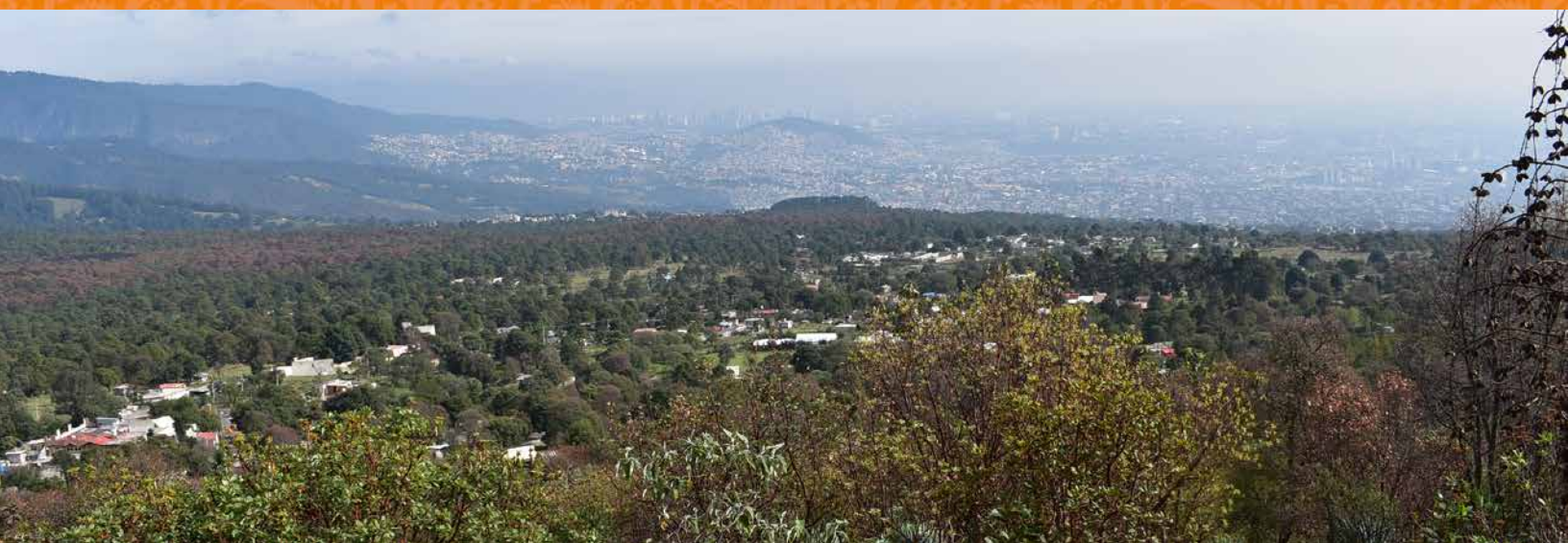


### Includes


- Certified local guides.
- Entrance fees.
- Equipment rental.
- Box lunch.
- Transportation from the meeting point.

### Not included

- Transportation.
- Extra meals.



## Sunrise Among Volcanoes Tour

 Calle Othón León Lobato mz.8 Lt.13 Col. Héroes de 1910  
Alcaldía Tlalpan, C.P.14760

### Ajusco Xplor Tours

A nighttime hike on the southern giant, Ajusco, offers the unique opportunity to witness sunrise among the volcanoes encircling Mexico City. This adventure is thrilling, taking you up to the city's highest peak. The journey leads you through a stunning forest, revealing breathtaking scenery, and concludes at the summit, where you'll enjoy exceptional panoramic views..

#### **Contacto**

- (+52) 56 14 51 04 29.
- [www.casaxitle.com](http://www.casaxitle.com)
- [xplorajusco@gmail.com](mailto:xplorajusco@gmail.com)

#### **Schedule**

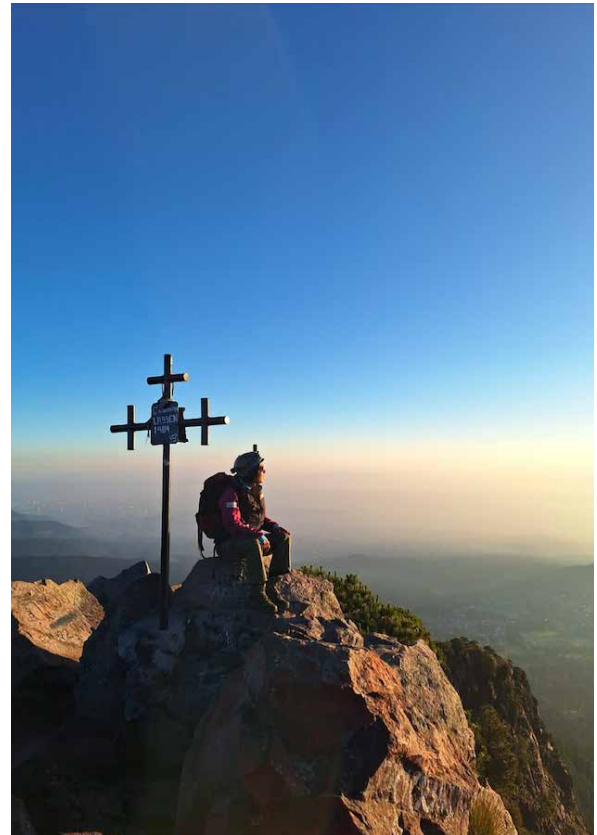
- Available Monday to Sunday with prior reservation.
- 7 hours.

#### **Activities**

- Hiking, trekking, mid-mountain activity.
- 

#### **Notes**

- Minimum 2, maximum 15 people.
- Meeting point: Ajusco.
- Bring appropriate clothing and footwear, a hat, sunglasses, a buff, a backpack, and a reusable water bottle or thermos.

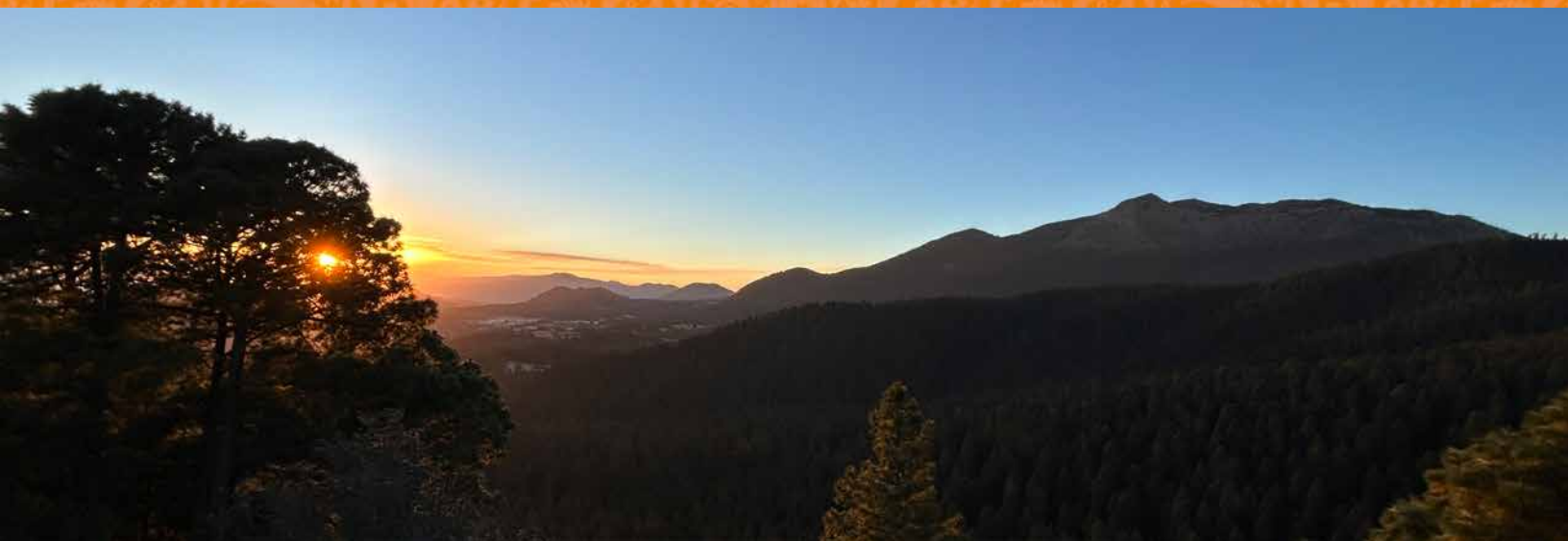


#### **Includes**


- 1 night's accommodation at Casa Xitle.
- Certified local guides.
- Entrance fees.
- Equipment rental.
- Box lunch.
- Transportation from the meeting point.

#### **Does not include**

- Tips.
- Extra meals.



## Cycling Over Lava

 Calle Othón León Lobato mz.8 Lt.13 Col. Héroes de 1910  
Alcaldía Tlalpan, C.P.14760

### Ajusco Xplor Tours

The route follows a portion of the rural bike path that traces the old Mexico-Cuernavaca railway line. It also crosses the rocky terrain of Xitle, offering the unique opportunity to visit its cave system and explore the fascinating underworld beneath this area.



#### Contact

- (+52) 56 14 51 04 29.
- [www.casaxitle.com](http://www.casaxitle.com)
- [xplorajusco@gmail.com](mailto:xplorajusco@gmail.com)

#### Schedule

- Available Monday to Sunday with prior reservation.
- 4 hours.
- Activities
- Mountain biking, rappel, introduction to caves.

#### Notes


- Minimum 2, maximum 12 people.
- Meeting point: Ajusco.
- Bring appropriate clothing and footwear, a hat, sunglasses, a buff, a backpack, and a reusable water bottle or thermos.

#### Includes

- Certified local guides.
- Entrance fees.
- Equipment rental (including bikes).
- Box lunch.


#### Does not include

- Tips.
- Extra meals

 @ajusco\_xplor



## Tour vulcano Xitle

 Calle Othón León Lobato mz.8 Lt.13 Col. Héroes de 1910  
Alcaldía Tlalpan, C.P.14760

### Ajusco Xplor Tours

This tour offers a unique opportunity to visit a volcano located right within Mexico City. Following trails through this remarkable ecosystem, we'll reach the summit of Xitle, where breathtaking landscapes await alongside the volcano's fascinating history and magic. The experience includes an exhilarating rappel down a lava tunnel, allowing you to immerse yourself in the captivating volcanic environment of Xitle. As we explore caves formed by solidified magma, you'll witness diverse geological formations that amaze with their beauty and variety, leaving a lasting impression on every visitor.

#### Contact

- +52 56 14 51 04 29
- [www.casaxitle.com](http://www.casaxitle.com)
- [xplorajusco@gmail.com](mailto:xplorajusco@gmail.com)

#### Schedule

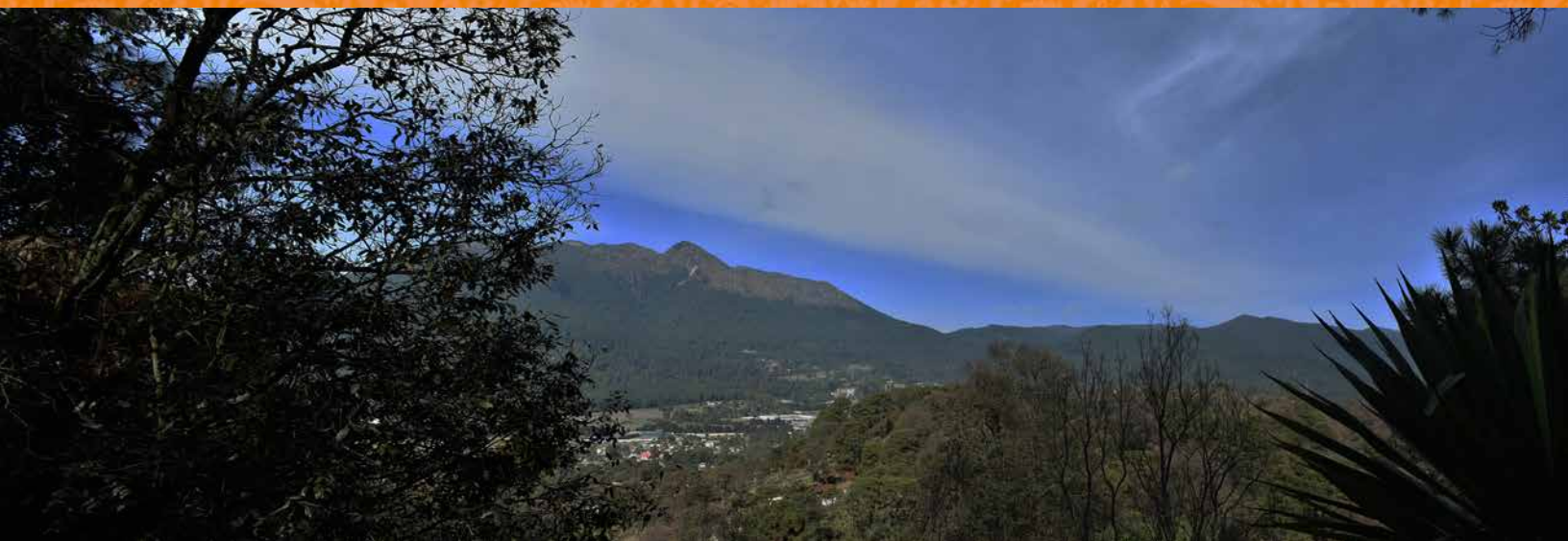
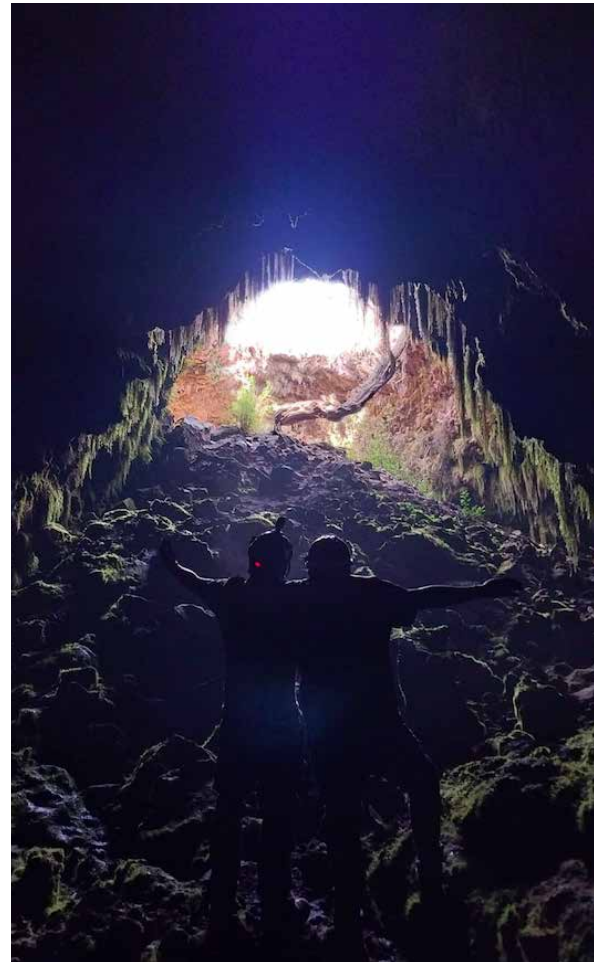
- Available Monday to Sunday with prior reservation. This tour must begin at 7:00 AM
- 5 hours

#### Activities


- Hiking on the volcano
- Visit to the lava caves and rappelling

#### Notes

- Minimum 2, maximum 15 people
- Meeting point: Ajusco
- Bring appropriate clothing and footwear, a hat, sunglasses, a buff, a backpack, and a reusable water bottle or thermos



## Xitle Adventure + Lava Tubes

 Guerrero sur no. 108 San Antonio Tecomitl, Milpa Alta

### Ome Turismo

Have fun and learn while exploring the natural landscape of the Xitle volcano with us! The Xitle volcano is in the Cumbres del Ajusco National Park. We'll ascend to its summit, which stands at 3,100 meters above sea level, and visit two lava tubes. We'll practice rappelling in one of them.

### Contact

- (+52) 55 88 04 38 97.
- turismo.ome@gmail.com

### Hours

- Monday to Sunday, by reservation only.
- 7 hours.

### Activities

- Hike up Xitle volcano.
- Visit to two lava tubes.
- Rappelling.

### Notes

- Minimum 2 people.
- Wear sunscreen and sunglasses.
- Bring your own backpack.
- Bring lunch and 2 liters of water in a thermos per person.
- Wear two layers of clothing. Three layers are recommended during the winter season.
- This activity is suitable for all ages; minors must be accompanied by an adult. Anyone with a moderate level of fitness can participate.



### Includes


- Hiking in Xitle.
- View of two lava tubes.
- Safety equipment (helmets, hiking poles, headlamps, rappel gear).
- Certified guide.
- 

### Does not include

- Meals.
- Transportation.
- Other expenses.



## Amaranto & Chinampa Route

 Alcaldía Xochimilco

### OME Turismo

During this experience, we will tour the historic chinampas—iconic floating gardens where you'll discover the ingenious agricultural technique the Aztecs used to nourish their entire civilization. This visit offers a firsthand glimpse into the traditional cultivation methods and allows you to appreciate both the history and ongoing impact of this practice. Next, we'll visit an amaranth factory, where you will learn up close about both artisanal and modern processes used to produce, refine, and transform amaranth into sweets and other nutritious foods. This activity includes observing each stage of production and provides the opportunity to learn about the nutritional and cultural significance of this remarkable plant.

### Contacto

- (+52) 55 88 04 38 97.
- turismo.ome@gmail.com

### Hours

- Saturdays with prior reservation.
- 6 hours.

### Activities

- Trajinera ride to a chinampa (floating garden) producing vegetables.
- Visit of a chinampa and planting workshop.
- Visit to the amaranth factory (Includes: explanation of the production process, tour of the facilities, tasting. of amaranth-based foods, participation in a workshop to make amaranth bars).



### Notes


- Minimum 18 people.
- Minors must be accompanied by an adult.
- Sunscreen and insect repellent are recommended.

### Does not include

- Meals.
- Transportation.
- Other expenses.



## Unknown Teuhtli + Temazcal

 Guerrero sur no. 108 San Antonio Tecomitl, Milpa Alta


### Ome Turismo

Discover one of the most iconic volcanoes in southern Mexico City. Admire the breathtaking views from its summit and recharge your energy in its crater with a meditation session. Enjoy a visit to a cave steeped in history at the volcano's base. Finally, relax in the Kasa Tlalli temazcal with therapeutic and relaxation purposes.

#### Contacto

- (+52) 55 88 04 38 97.
- [turismo.ome@gmail.com](mailto:turismo.ome@gmail.com)

#### Hours

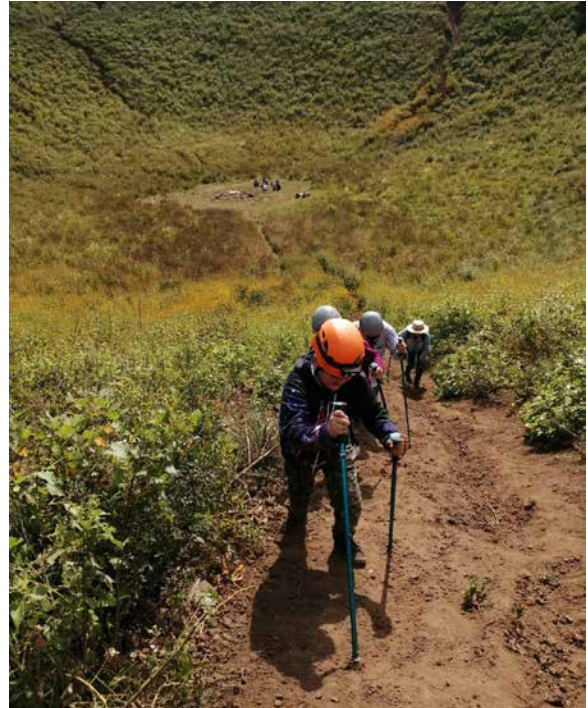
-  • Weekends with prior reservation.  
• 7 hours.

#### Activities

- Hike up Teuhtli Volcano in Milpa Alta.
- Visit to a cave on the volcano's slopes.
- Therapeutic Temazcal (sweat lodge) at Kasa Tlalli.

#### Notes

- This tour begins at dawn. The meeting point is in San Pedro Atocpan, in the Milpa Alta borough. From there, we'll take you to Teuhtli Volcano. After reaching the summit and visiting a cave, we'll travel to the town of Villa Milpa Alta, where you can enjoy some typical regional food. Afterward, we'll go to the temazcal (traditional sweat lodge) located in San Antonio Tecomitl for the final activity.



- If you require transportation, please request it; it will incur an additional cost.
- Minimum 2 people.

#### Includes


- Hiking in Teuhtli.
- Cave visit.
- Safety equipment (helmets, hiking poles, headlamps).
- Certified guide.
- Therapeutic temazcal (includes guided therapeutic temazcal, fruit, hydration, and food after the temazcal).

#### Does not include

- Transportation.
- Unspecified expenses.




## Campo Alegre Eco-Park

 Camino a Tulmiac s/n Paraje Campo Alegre, Pueblo San Salvador Cuauhtenco, Alcaldía Milpa Alta, C.P. 12300


### Campo Alegre

Campo Alegre is located south of Mexico City at an altitude of 10,000 feet above sea level, resulting in a predominantly cold climate. Surrounded by forest, this space features a large, unfurnished palapa for shelter from the rain, as well as wood-fired grills with palapas, trails, parking, a bathroom, and a water well. From Campo Alegre, visitors can enjoy a panoramic view of Mexico City. The site is designed for complete immersion in nature, as there is no electricity and cell phone service is very limited.

#### Contacto

- (+52) 55 66 69 49 30 | (+52) 55 84 95 99 96.
-  dorolozada@gmail.com

#### Hours

-  Visits are by appointment.
- Available 365 days a year.
- Check-in: 8:00 AM. Check-out: 8:00 PM.
- For camping: Check-in: 12:00 PM. Check-out: 12:00 PM the following day.

#### Activities

- Camping, hiking within the facilities or to other locations, horseback riding, barbecues and/or family gatherings, and firefly watching in July.

#### Notes

- Minimum 10 people, maximum 100 people.
- Hiking to other locations and horseback riding have an additional cost.
- It is a wooded area, so the climate is Mostly



cold, we recommend dressing warmly.

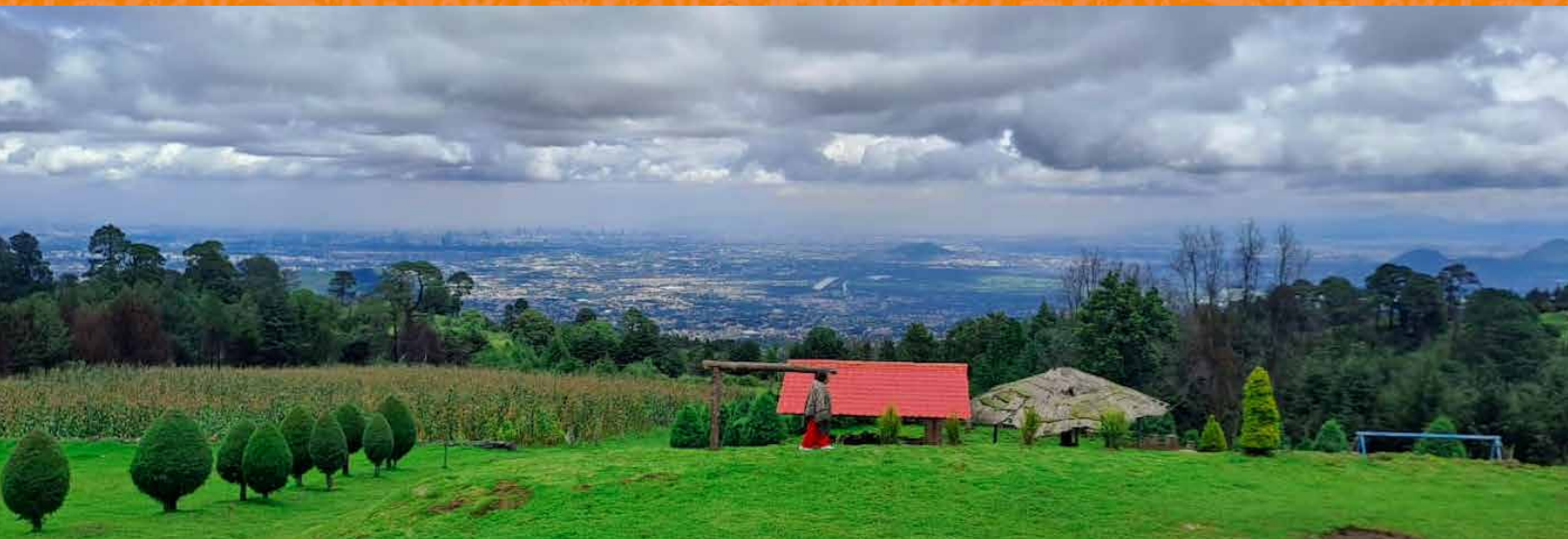
- There is no electricity, so you may want to bring flashlights, power banks, etc.
- You must bring your own grilling utensils.
- There is no food for sale, so you must bring your own food.
- The town center is 3 km away.
- The duration will depend on the activity chosen.

#### Includes

- Entrance to Campo Alegre includes use of grills with palapas, hiking within the grounds, and restrooms.

#### Does not include

- Parking, firewood, grilling kit, chairs and tables, hiking to other locations.



# Advise for Your Visit

For details on costs, itineraries, accessibility for people with disabilities and assistance animals, as well as pets, please consult with each service provider using the contact phone numbers and emails provided.



Always keep your belongings in sight and under protection.



Travel in vehicles with visible license plates.



Hire certified guides with valid credentials.



Do not share with strangers your data, personal information or cell phone number.




If you exchange currency, do it directly at exchange bureaus.




Try to use ATMs in public and crowded places.

## TOURISM ASSISTANCE NUMBERS

**Mexico City  
Tourism Ministry**

 **Business Hours  
Monday to Friday  
9:00 AM - 6:00 PM**

 **Switchboard  
(+52) 55 52 86 70 97  
(+52) 55 52 86 90 77  
Ext. 2104 and 2309**

**Public prosecutor's office  
specialized in serving national  
and foreign tourists**

 **(+52) 55 55 53 34 44**

**Mexico City Tourism Police  
Tourist Assistance Center  
(CAT)**

 **(+52) 55 48 91 11 66**



## Information Booths

There are 14 information booths available to provide support and assistance to tourists. These booths are strategically located throughout the city to ensure that both national and foreign visitors can easily access help and information during their stay. Hours: Monday to Sunday, 8 AM to 6 PM (except the Garibaldi booth).

-  **Central Camionera del Sur Booth (Taxqueña Bus Station)**  
Calzada Taxqueña No. 1320, Campestre Churubusco, 04370, Coyoacán, Ciudad de México
-  **Central Camionera del Oriente Booth (TAPO Bus Station)**  
Calzada Ignacio Zaragoza No. 200, 10 de Mayo, 15290, Venustiano Carranza, Ciudad de México
-  **Catedral Booth (Metropolitan Cathedral)**  
Plaza de la Constitución S/N, Centro, 06000, Cuauhtémoc, Ciudad de México
-  **Templo Mayor Booth (Templo Mayor archaeological site & museum)**  
Plaza Seminario S/N, Centro, 06000, Cuauhtémoc, Ciudad de México
-  **Alameda Avenida Juárez Booth (Alameda Park & Juárez Avenue)**  
S/N, Centro, 06010, (Plaza de la Solidaridad) Cuauhtémoc, Ciudad de México
-  **Ángel Booth (Independence Column)**  
Reforma esq. Florencia S/N, Juárez, 06600, Cuauhtémoc, Ciudad de México
-  **Antropología Booth (National Anthropology Museum)**  
Reforma (behind the Metrobús stop) Polanco, Bosque de Chapultepec 1a Sección, 11560, Miguel Hidalgo, Ciudad de México
-  **Garibaldi Booth**  
Friday to Sunday 12 AM to 8 PM  
Callejón de Garibaldi No. 11, Centro, Cuauhtémoc, 06000, Ciudad de México
-  **Terminal 1 Mexico City Internacional Airport**  
Avenida Capitán Carlos León S/N, Peñón de los Baños, 15620, Venustiano Carranza, Ciudad de México
-  **Terminal 2 Mexico City Internacional Airport (AICM)**  
Avenida Capitán Carlos León S/N, Peñón de los Baños, 15620, Venustiano Carranza, Ciudad de México
-  **Basílica Booth (Basilica of Our Lady of Guadalupe)**  
Fray Juan de Zumárraga No. 2, Villa Gustavo A. Madero, 07050, Ciudad de México
-  **Pista de Canotaje Virgilio Uribe Booth (Virgilio Uribe Canoeing Track – Xochimilco)**  
Antiguo Canal Cuemanco 4557, Pista Olímpica Virgilio Uribe, 16034, Xochimilco, Ciudad de México
-  **Tláhuac Booth**  
Gabriel Hernández 16, La Guadalupe, Tláhuac, 13060, Ciudad de México.
-  **Tourism Support and Assistance Center**  
Avenida Nuevo León No 56, piso 2, Condesa, 06170, Cuauhtémoc, Ciudad de México

### Tourism Guidance and Support Brigade



Operates in high-traffic areas and at special events in Mexico City, providing tourist host services for urban and/or digital modules, as well as in any location designated to offer assistance to tourists and the general public.



**MOVILIDAD INTEGRADA DE LA CIUDAD DE MÉXICO**  
UNA CIUDAD. UN SISTEMA

SISTEMA DE TRANSPORTE COLECTIVO METRO

Check the Integrated Mobility network (QR)

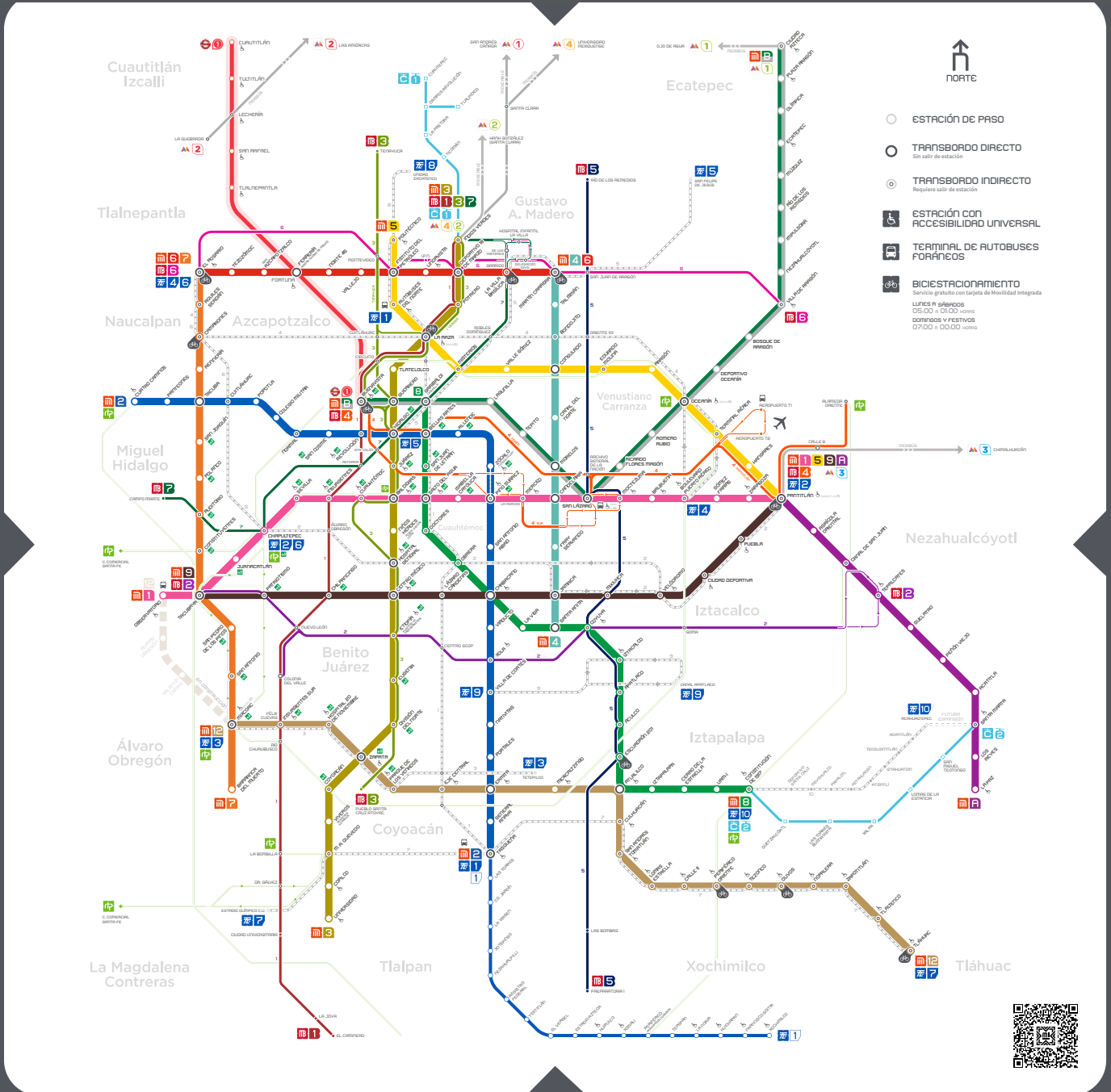
SERVICIO DE TRANSPORTES ELÉCTRICOS



METROBÚS



SISTEMA DE TRANSPORTE COLECTIVO METRO



- NORTE
- ESTACIÓN DE PASO
- TRANSBORDO DIRECTO  
Sin salir de estación
- TRANSBORDO INDIRECTO  
Requiere salir de estación
- ESTACIÓN CON ACCESIBILIDAD UNIVERSAL
- TERMINAL DE AUTOBUSES FORÁNEOS
- BICICLISTAJE  
Servicio gratuito con tarjeta de Movilidad Integrada  
LUNES A VIERNES 05:00 a 04:00 horas  
DOMINGOS Y FESTIVOS 07:00 a 00:00 horas



<p><b>STC METRO</b></p> <p>LUNES A VIERNES 05:00-00:00 horas SÁBADOS 06:00-00:00 horas DOMINGOS Y FESTIVOS 07:00-00:00 horas</p> <p>Consulta <a href="http://metro.cdmx.gob.mx">metro.cdmx.gob.mx</a> para más información.</p> <p>Horarios para transportar bicicletas: Lunes a sábado a partir de las 22:00 horas, Domingo y días festivos todo el día.</p>	<p><b>METROBÚS</b></p> <p>LUNES A VIERNES 04:30-00:00 horas SÁBADOS 04:30-00:00 horas DOMINGOS Y FESTIVOS 05:00-00:00 horas</p> <p>Consulta <a href="http://metrobus.cdmx.gob.mx">metrobus.cdmx.gob.mx</a> para más información.</p> <p>Horarios para transportar bicicletas: Lunes a viernes de 04:30 a 06:30 horas y 22:00 a 24:00 horas. Sábados de 04:30 a 12:00 horas y 18:00 a 24:00 horas. Domingo todo el día.</p>	<p><b>TREN LIGERO</b></p> <p>LUNES A VIERNES 05:00-23:30 horas SÁBADOS 06:00-23:30 horas DOMINGOS Y FESTIVOS 07:00-23:30 horas</p> <p>Consulta <a href="http://ste.cdmx.gob.mx">ste.cdmx.gob.mx</a> para más información.</p> <p>Horarios para transportar bicicletas: Domingos todo el día.</p>	<p><b>TROLEBÚS</b></p> <p>LUNES A VIERNES 05:00-00:00 horas SÁBADOS 06:00-00:00 horas DOMINGOS Y FESTIVOS 07:00-00:00 horas</p> <p>Consulta <a href="http://ste.cdmx.gob.mx/cablebus">ste.cdmx.gob.mx/cablebus</a> para más información.</p> <p>Horarios para transportar bicicletas: Todos los días de la semana en cualquier horario.</p>	<p><b>CABLEBÚS</b></p> <p>LUNES A VIERNES 05:00-23:00 horas SÁBADOS 06:00-23:00 horas DOMINGOS Y FESTIVOS 07:00-23:00 horas</p> <p>Consulta <a href="http://ste.cdmx.gob.mx/cablebus">ste.cdmx.gob.mx/cablebus</a> para más información.</p> <p>Horarios para transportar bicicletas: Todos los días en cualquier horario, siempre y cuando haya espacio suficiente y quede libre el área para silla de ruedas.</p>	<p><b>RTP</b></p> <p>LUNES A VIERNES 05:00-01:00 horas SÁBADOS 05:00-01:00 horas DOMINGOS Y FESTIVOS 05:30-00:00 horas</p> <p>Consulta <a href="http://rtp.cdmx.gob.mx">rtp.cdmx.gob.mx</a> para más información.</p> <p>Horarios para transportar bicicletas: Todos los días en cualquier horario, siempre y cuando haya espacio suficiente y quede libre el área para silla de ruedas.</p>	<p><b>ECOBICI</b></p> <p>TOCOS LOS DÍAS 05:00-00:30 horas</p> <p>Consulta <a href="http://ecobici.cdmx.gob.mx">ecobici.cdmx.gob.mx</a> para más información.</p> <p>Se muestran en el mapa las abocaciones que son cercanas a ciclostaciones ECOBICI.</p>	<p><b>TREN SUBURBANO</b></p> <p>LUNES A VIERNES 05:00-00:30 horas SÁBADOS 06:00-00:30 horas DOMINGOS Y FESTIVOS 07:00-00:30 horas</p> <p>Consulta <a href="http://fsurbanos.com">fsurbanos.com</a> para más información.</p>	<p><b>MEXIBÚS Y MEXICABLE</b></p> <p>LUNES A VIERNES 04:00-01:00 horas SÁBADOS 04:00-01:00 horas DOMINGOS Y FESTIVOS 04:30-01:00 horas</p> <p>LUNES A VIERNES 05:00-23:00 horas SÁBADOS 06:00-23:00 horas DOMINGOS Y FESTIVOS 07:00-23:00 horas</p> <p>Consulta <a href="http://sitrametromex.gob.mx">sitrametromex.gob.mx</a> para más información.</p>

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CAPITAL DE LA TRANSFORMACIÓN

SECRETARÍA  
DE TURISMO

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CORAZÓN GRANDE

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